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## Evaluation of diseases through astrological theory of siddhars

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### Abstract

The Siddhars by their spiritual and yogic practices attained extremely great knowledge and experience in *Vaithiyam* (Medicine), *Jothidam* (Astrology), *Manthirigam* (Thantric Practices), *Yogam* (Meditation and yogic exercises) and *Gnanam* (Knowledge about the Almighty). Siddhars believed in a holistic concept. There are 18 siddhars who are considered as the pillars of siddha system of medicine according to *Tamil* tradition. Astrology is the study of how the positions of the stars and movements of the planets have a supposed influence on events and on the lives and behavior of people. An astrologer looks at the planetary positions and tries to understand a person's character or tries to predict the future and their diseases with the help of *Rasi* or zodiac signs, *Nakshathram* or lunar mansion is one of the 27 divisions of the sky, *nine grahas* (*Navagrahas*) or Nine Planets of astrology. It's possible in astrology to diagnose a disease well before its actual appearance in human body. The Aim of the study is to describe about astrological importance in human life and prediction of diseases with the help of the siddhars astrological theory.

**Keywords:** Siddhars, astrology, planets, rasi, diseases

### Introduction

Astrology is popularly known as Jyotish in Indian culture. The word *astrology* comes from the early Latin word *astrologia*, which derives from the Greek word from *astron* ("star") and *logia* (study of account of the stars). The ancient science astrology is founded on study of the planets and their rotation through a group of solar constellations (*Rasi*) and lunar asterism (*nakshathra*). The ultimate goal of an astrologer is to help the people become aware of the constructive/destructive energies periodically released by a group nine astronomical entities<sup>[1]</sup>. The study of the movements and relative positions of celestial bodies interpreted as having an influence on human affairs and the natural world. Ancient observers of the heavens developed elaborate systems of explanation based on the movements of the sun, moon, and planets through the constellations of the zodiac, for predicting events and for casting horoscopes.

The study of Astrology Signs is touted as an amalgamation of scientific theories and divine practices. Mathematical and geometrical interpretation of the position of planets and stars brings the application of science in the spotlight whereas the prediction of future events and occurrences on the basis of the stars is essentially divination at work.

Medical astrology is a science that demands knowledge of both Astrology and Medicine. It deals with the medical aspect of astrology. The medical astrology technique uses astrology to determine potential weak spots in our natal chart. Vedic horoscope is drawn by the Vedic Medical Astrologer, based on time, place, and date of birth of the concerned person and then appropriate advice is given to brighten all areas of their lives. Analyzing the planetary combinations and placements in a natal or progressed chart, a medical astrologer can ascertain likely psychological or physical weaknesses that may be causing disease. The medical astrologer then can advise the client on the appropriate tests necessary to verify the astrological speculations.

### Materials and Methods

#### Barebones of astroscience

Outstanding astronomical knowledge emerges with the science of astrology. The main factors in astrology are 27 stars, 9 planets, 12 rasis, 12 months, 12 houses and sunrise of every day. The other planets are rotating with the sun as the center.

The sun's power forms the origin of the earth and the subsequent appearance and growth of life. While the Sun is about 500,000 miles away, its impact is always on the earth. The moon is another planet in the sight of our vision near the Earth we live in.

This gives us the appearance of warmth and changes the night light. So the sun and the moon play an important role in the earth's movement. According to Siddhars astrology theory the sun resembles father, the moon resembles mother [2].

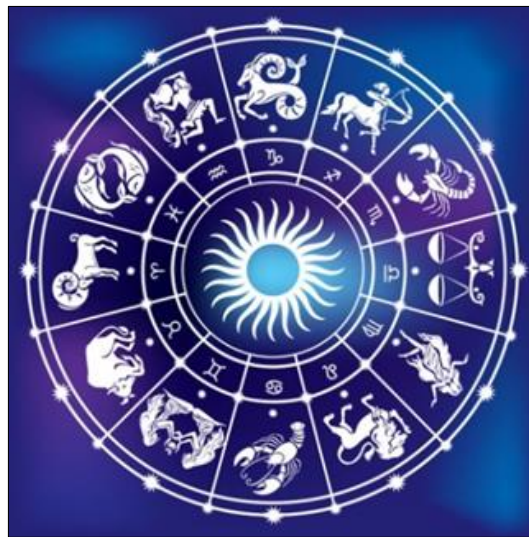


Table 1: Rasi Chart

<b>12. Menam</b> Pisces.	<b>1. Mesham</b> Aries	<b>2. Risabam</b> Taurus	<b>3. Mithunam</b> Gemini
<b>11. Kumbam</b> Aquarius			<b>4. Katakam</b> cancer
<b>10. Makaram</b> Capricorn			<b>5. Simham</b> Leo
<b>9. Dhanus</b> Sagittarus	<b>8. Vrchukam</b> Scorpio	<b>7. Tulam</b> Libra	<b>6. Kanni</b> Virgo

**Scientific Aspects of Astrology**

Astrology can involve everything from natal charts to regular tracking of the planets in relation to current events. Regardless of the distinction between astrological birth charts and futuristic predictions, both of these fields are built upon fundamentals such as:

- Planetary movement throughout the zodiac

- Planetary governance
- An understanding of geography and time
- The twelve zodiac archetypes

Astrological technique differs between the two key fields of person-to-person astrology (the branch that deals primarily with birth charts and character definition) and predictive astrology (the branch concerned with forecasts)

Table 2: Twelve houses or Bhavams in astrology

<b>12<sup>th</sup> house</b> spiritual realization, Transcendence Imprisonment	<b>1st House</b> Self, appearance, Outlook of life	<b>2<sup>nd</sup> house</b> Economy, Family	<b>3rd house</b> Siblings, Mental activity, Learning
<b>11<sup>th</sup> house</b> Elder siblings, Social life, Income			<b>4<sup>th</sup> house</b> Mother, Academic degrees, Vehicles,
<b>10<sup>th</sup> house</b> Father, Career success			<b>5<sup>th</sup> house</b> Children, Spiritual practice, honors
<b>9<sup>th</sup> house</b> Religion Higher education Foreign Travel	<b>8<sup>th</sup> house</b> Death, Career change, Inheritance	<b>7<sup>th</sup> house</b> Marriage and partnership	<b>6<sup>th</sup> house</b> Health, Service, Self-improvement

**Medical astrology**

The life of living creatures, particularly that of humans, is governed by the planetary influences, which can be read from the horoscope and Gocharam. The effect of planets on each sign, house and on each other plays an important role on the health in general and on particular organs. This effect will be felt during particular Dasa, Putthi (periods, sub-periods) of concerned planets. Some permanent disabilities occur in accordance with the placement of antagonist planets in certain positions. Occasional physical disabilities and disturbances occur due to the astrological factors in time and space. The signs in the zodiac, the planets and the houses considered from moon sign have their own peculiarities affecting to certain organs [3].

**Planets and diseases**

Medical Astrology is the branch of the Astrology that deals with Health and Longevity issues. Each sign and each planet are associated with a number of possible diseases. So it may be said that the native may be affected by such disease or diseases. The function of the astrologer ends with saying that the particular part of the body will be sensitive to acute or chronic disease.

The position of the planets is very important and helps in diagnosis of diseases from signs, houses and planets. The cause of ill health can be known well before its actual appearance in human body through Vedic astrology horoscope. In our birth chart when the bad position of planets will leads to severe health issues [4].

#### **a) Suriyan- Sun**

The Sun being the source of fire/light and life it is supposed to be the king of the planets, Responsible of normal health, bones, heart and right eye and Immunity, Untreatable diseases.

#### **b) Chandran-Moon**

The Moon signifying the role of a mother is astrologically said to be as the queen of the planets, Diseases due to inauspicious moon in birth chart, Gets irritate and mood swing easily, Psychological problems, Sleeping disorder.

#### **c) Sevvai -Mars**

The planet Mars plays a vital role in the health of the human and is known as the commander-in-chief among the planets, It include physical energy, bone marrow, blood, bile, digestive fire, hemoglobin and bile.

#### **d) Budhan (mercury)**

It include loss of memory or speech, vertigo, deafness, Neurological disorders, Diseases due to inauspicious mercury in Birth chart Low I.Q, epilepsy, skin diseases, Impotence.

#### **e) Guru (Jupiter)**

It includes arterial system, glands, liver/gall bladder, pancreas gland and fat in body. Diseases due to inauspicious Jupiter in birth chart, Jaundice, lymphatic and circulatory disorders.

#### **f) Sukran (Venus)**

Stones in bladder or kidneys, cataract, weakness of sexual organs, paralysis, asthma, cough, cold, venereal diseases, Diseases due to inauspicious Venus in birth chart Arthritis, Diabetes, Impotence or inability to have sexual relationship (both gender).

#### **g) Sani (Saturn)**

Include nervous system, lymphatic vessels and Impotency, Gastro intestinal tract, Long term illness, Paralysis, Skin problem, Drug addiction.

#### **h) Rahu**

Diseases due to inauspicious rahu in birth chart, Phobias, Mental disorders, Toxicity due to poison, Untreatable diseases.

#### **I) Kethu**

Viral disease, Surgery, Poisonous bites, tumors

#### **Positions of Planets**

Our Birth chart is validate with three important planet standard positions in Zodiac sign

1. Rulers in Zodiac sign
2. Exaltation of Planets in Zodiac sign (good power)
3. Debilitation of planets in Zodiac sign (power loss)

#### **Rulers in Zodiac sign**

The ruling planet of each zodiac sign is the archetype, or original pattern, for knowing its meaning. These are the players in the cosmic drama expressed through the zodiac signs. To know zodiac sign for any planet in birth chart, must know its ruling planet. There is a planetary ruler of the zodiac signs and the houses, an spontaneous synthesis key to receiving astrology chart. Planets in their own signs, like Moon in Cancer, are said to be gracious, a placement of strength<sup>[5]</sup>.

#### **Planetary Exaltation**

Exaltation of Planets otherwise known as Ucca Graham, The planet in its sign of Exaltation can be a positive influence in the chart. It depends on the house it rules as to what it will strongly express. Planets are stronger and more intense in the signs of their Exaltation. Meaning they express the energy associated with them best<sup>[5]</sup>.

#### **Debilitation signs or Power loss sign**

The Debilitation signs are the exact opposite signs (180 degrees) of the Exaltation signs or power loss sign of planets and the reason behind the bad things happened in our life.

#### **Discussion**

Astrology can warn well in advance about the outcome of calamities whereas this is not possible in medical science. After examining an individual's natal chart, a medical astrologer may give advice to the client about the areas of the body in which they are most likely to experience trouble. Position of the planets play vital role in the astrological calculation, at the time of birth if distinguished number of planets present in the good zodiac signs it will expound good prospect in our health and life.

#### **Conclusion**

Astrology may be one of the diagnostic tool if which predicted by Good astrologer. By throwing lights on the validation of Diagnostic methodology in Siddha System of medicine, a physician can arrive at proper treatment procedures by rightly diagnosing the disease. Siddhars met at the same point as astronomy, medical science, and astrology. Even if the child's birth date and time are incorrectly specified, astrology may sometimes be misinterpreted. Here mentioned was a small part of the astrological theory of siddhars.

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