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## Correlation of Vedic matchmaking and its real-time psychological effect on 19 Indian couple: A survey

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### Abstract

Vedic astrology is an old and widely believed practice in Indian continent. Many studies have been designed to investigate the effect of astrological and planetary effects on human psychology and behavior. Much literature available till date suggests evidence for relation between planetary positions and disease emergence. Gun Milan i.e. Comparison of psychological qualities on basis of Vedic astrological principles is a practice from Vedic astrology that is been followed from many years in India to find the compatibility in couples. In this research we look at the survey of 19 couples including well doing as well as divorce/incompatible to find whether there is the relevance of astrological conditions on real life post marriage compatibility including factors such as Grah Maitri, Bhakut, Gana maître and Nadi, i.e thus to find whether there is vice-versa relation of astrological conditions on human psychology. The results show tremendous similarity in the Gun Milan Chart of Incompatible/Divorced couples in association with Grah Maitri and Bhakut. This can be suggestive that absence of constructive ability (bhakut) or temperament (Gana) or both in couples may lead to incompatibility invariant of Friendship (Grah Maitri).

**Keywords:** astrology, psychology, gun milan, human behavior

### Introduction

Astrology is been the key part of Indian culture. Vedic Astrology originated in India thousands of years ago and is practiced from Vedic age [2]. Many literatures point towards the deeper understanding of planetary influences on human behavior and its effect on human physiology and psychology. Planetary position and its geo gravitational effects have found to play an important role in defining and manipulating human physiological cycle and behavior [6, 1]. Astrological innervations have been used to identify the emergence or significance in mental health and diseases [3]. Ayurveda, one of the most prominent branches of Indian medicine has been linked with astrology in many researches [4]. With all the data it is important to find whether Vedic astrological considerations have any impact on compatibility and companionship. The concept of Gun Milan/Kundali matching i.e. astrological compatibility is practiced since years to predict the compatibility and companionship in marriage. This research survey aims to find that if there is a correlation of Gun Milan and real life post marriage behavior and companionship. The research was focused on Entities of gun Milan, the score obtained during matchmaking and post marriage effect validation with real time scenario and prediction

Before we move on to actual research survey it is important to see over basic concepts of Gun Milan. Vedic astrological birth chart has 8 categories known as Kootas or Koots. This Ashtakoot is divided into eight categories listed out in the Vedic astrology [5]. These categories are mainly Varna, Vaishya, Tara, Yoni, Grah Maitri, Gana, Bhakut and Nadi. Each is listed with maximum score or aspect match starting from 1 for Varna, 2 for Vaishya and siliarly expanding to Nadi as 8 in increasing order. This all aspects add to maximum 36. Maximum obtained score or gun is 36. Each of this aspect has defined meaning in Vedic astrology for example Vashya refers to the power equation between the bride and the bride or Dominance, etc. Minimum 18 score in all is recommended in general, but there can be other solutions too [11].

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### Psychological correlation of relation

Psychological literature studied till date has much data on human behavior and post marriage compatibility. Friendship, temperament and love form the basis of strong relation [5]. Marital adjustment and friendship quality are significantly related to self-esteem for both sexes [6, 12]. Post marital adjustment forms key basis for long term companionship. Quality of life is affected by different factors of adjustment in marriage [8]. Factors contributing to levels of marital adjustment include marital satisfaction, cohesion, agreement, affection, and conflict [7]. Friendship, love and temper are most influential post marriage. When it comes to difference in opinions with factors, this difference can lead to seeds of discontent and separation [9]. Feelings of intense Love and constructivism and compatible temperament between couples can override the discontent in opinion/ friendship post marriage leading to long term companionship. Post marriage leisure has found to have positive impact on satisfaction [11].

### Astro-psychological correlation of relation

In Gun Milan Grah Maitri (Score weight = 5) refers to Friendship or mental compatibility, Gana (Score weight = 6) refers to one can understand his/her basic nature and temperament and bhakut (Score weight = 7) refers to Health, wealth and constructivism [11, 14]. Grah Maitri i.e. mental compatibility is needed for long term companionship but can

other factors than Grah Maitri like Gana i.e. temperament and Bhakut i.e. to Health, wealth, leisure and constructivism affect the lower obtained Grah Maitri score is the question. Also can vice-versa true i.e. high Grah Maitri score and lower bhakut or Gana score lead to discomfort. Following Survey was made to find the relevance of all this astrological calculations on post marriage companionship [12, 13]. Also we can observe whether high score weight aspects can compensate in lower score weight deficiency and vice-versa.

### Survey

19 couples post marriage, where surveyed for their post marriage compatibility and divided in to two groups either compatible (n=6) or incompatible (n=13) post marriage based on their marital status. Data collected was Name of both spouses, date of birth of both spouses, time of birth of both spouses, place of birth of both spouses and their comments on post marriage relation from Indian couples. Out of 13 couples were classified as incompatible out of which 4 couples where divorced, 3 self-reported staying apart and 6 reported recurrent arguments with incompatibility, communication issue and non-companionship. Out of 6, 5 couples reported married and compatible, 1 reported incompatible but will never apart. We have calculated their Gun Milan scores mostly for Grah Maitri, Gana and Bhakut.

**Table 1:** Gun Milan score calculation for Grah Maitri, Gana and Bhakut who were or are married and reported incompatible invariant of total gun Milan score but reported incompatibility in survey. Note- Birth month is marked as x, also name and place of birth is not disclosed for data identity confidentiality

Sr. No	DOB Male	DOB Female	Birth time Male	Birth time Female	Grah Maitri	Gana	Bhakut	Self-reported Comments by Spouse
1	24/06/1983	27/04/1986	08.20PM	03.10PM	5	6	0	Different choices
2	01/01/1987	16/03/1991	09.50AM	09.47AM	5	6	0	Staying Apart and Different Views
3	29/07/1990	25/02/1991	01.10AM	03.04PM	5	1	0	Divorced and Thought process and differences of opinions
4	23/07/1984	08/09/1989	09.30AM	10.34PM	5	6	0	Staying Apart and Incompatibility
5	09/04/1976	13/10/1983	09.01AM	12.47AM	5	0	0	Married but mostly apart and The way to look towards life are very different. Also somewhat understanding
6	21/06/1985	26/09/1989	07.25PM	08.30AM	5	0	7	Divorced and Relation started based on lie. Never lived together.
7	15/12/1983	19/06/1991	09.00PM	07.35PM	0.5	6	0	Incompatible and Thinking mismatch
8	14/10/1988	06/03/1989	10.00AM	12.20PM	0.5	0	7	Incompatible and Living Away From Parents
9	20/05/1985	23/06/1989	06.42PM	10.00AM	5	0	0	Divorce Filed/no mutual understanding
10	02/09/1990	14/09/1990	04.30PM	02.15PM	5	6	0	Our fight is always due to third person and we fight almost after every 20 to 25days which is worst fight and patch-up and bounce back close again
11	01/05/1990	18/01/1992	07.00AM	08.46PM	1	0	0	Divorced and found Different value system
12	01/12/1986	03/08/1990	09.50AM	04.45PM	5	6	0	Age gap. Difference in thoughts
13	01/09/1989	15/08/1992	10.00AM	12.54PM	0	0	7	Stayed Apart and came Back / Differences in thoughts and opinions

### Observation

From the above table the record no. 13 had zero score in Grah Maitri as well as Gana. Rest all the records who were reported incompatible or were divorced had non-zero score or full in Grah Maitri but zero score in bhakut or Gana or both. Zero score/low score in both Gana and bhakut resulted in maximum 'divorce or living separate' condition even Grah Maitri is 5/5 score (Record no=3, 5, 11, 9). Non-zero in one

and zero score in one of the aspect resulted in incompatibility and some in divorce invariant of Grah Maitri is 5/5 score.

Second observation was also done to verify in reversal conditions in couples that reported themselves as compatible or had good. This co incidentally matches the real world psychological pattern and supports the previous literature that lack temperament, Health, wealth, leisure and constructivism effect may result in post marriage incompatibility as seen in survey.

**Table 2:** Gun Milan score calculation for Grah Maitri, Gana and Bhakut who are married and reported compatible invariant of total gun Milan score but reported incompatibility in survey. Note- Birth month is marked as x, also name and place of birth is not disclosed for data identity confidentiality

Sr. No	DOB Male	DOB Female	Birth time Male	Birth time Female	Grah Maitri	Gana	Bhakut	Self-reported Comments by Spouse
1	21/06/1985	28/04/1989	09.20PM	05.10AM	0.5	6	7	Married and Compatible
2	06/07/1990	25/05/1991	07.05PM	12.50PM	0.5	6	7	Married and Compatible
3	11/09/1985	05/09/1986	07.50PM	06.50AM	5	1	7	Staying together with lot of differences. But we will never separate for sure.
4	12/12/1988	24/11/1985	07.05PM	06.50AM	0.5	6	7	Married and Compatible
5	08/12/1978	05/03/1984	06.15PM	03.15PM	5	5	7	Married and Compatible
6	05/07/1988	08/06/1986	08.23AM	10.53AM	0.5	6	7	Married and Compatible

### Observation

From the above table the Record no. 3 had low score in Gana but full score in bhakut n Grah Maitri. This couple reported differences but also said that they will never apart. Rest all the records who were reported compatible had full score or high score in rest of two and low but non zero Score in Grah Maitri. (Record no=1, 2, 4, 5, 6). High or full score in both of the high weighted aspect resulted in compatibility invariant of Grah Maitri is 5/5 score or 0.5/5. This also matches the real world psychological pattern and supports the previous literature that healthy temperament, Health, wealth, leisure and constructivism effect may result in post marriage compatibility as seen in survey.

### Discussion

With the above survey, literature and understanding of psychology available and principles of Vedic Kundali matching, we can find that the Vedic Kundali matching had the high correlation with initial aspectual prediction and real time post marriage compatibility status. As per above Table.1 and Table 2 data we can confirm that post marriage adjustment was sustainable in couples that had healthy temperament, Health, wealth, leisure and constructivism invariant of mental opinion differences. So also similar found in both data observation. Also we can find that Grah Maitri has lesser weightage in score calculation (weight score =5) as compared to Gana i.e. temperament () and Bhakut i.e. Health, wealth, leisure and constructivism in Vedic match making. Also as per Vedic rule <sup>[14]</sup>, high bhakut score cancels Grah Maitri dosh (maleficent effect) and result in compatibility i.e. high score in bhakut can override low score in Maitri. This rule also suffices in table.2 as even low score in Grah Maitri i.e. mental compatibility had not affected companionship. Thus we can marginally say that Vedic match making may be factual in finding marriage compatibility but more research needs to be done.

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