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Numerology and weight gain tendency

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Abstract

Weight Gain tendency / Obesity is very common problem nowadays. Various factors contribute for same, right from unhealthy food habits, Bad Lifestyle, Stress, Relationship issues, medical conditions and others. Excess Weight results in various health issues ranging from Cardio Vascular issues to other Endocrine complications. Plus weight gain issues also result in disturbed relations, leading to divorce at times. Weight should be tackled at right time in right way, so as to avoid further complications. Also there is difference between being Overweight and Obese, but both conditions should be avoided as finally Poison is always a Poison. Almost 33% of Indians are facing issues of overweight and obesity. Personally I follow various therapies for treating my clients. Numerology has given me very good results specially in helping people to come out of Skin disease too.

Keywords: obesity, CVD {cardio vascular disease}, overweight, skin disease

Introduction

This paper is attempted to create awareness as how our Name and Birthdate plays important role in weight gain. This is a numerological approach towards understanding weight gain tendency. Every alphabet is assigned with certain planets and also every number in your Birthdate is assigned with certain planets. These planets have their effects on Human Body based on their own characteristics. Certain planets have aggression tendencies, few have heaviness, few have fast moving tendency or tendency to change in cyclic way. Certainly they affect human body and mind accordingly. This paper can be treated as guideline for people who are prone to have weight gain tendency based on their BN /DN {Birth Number /Destiny Number} and also their NN and FNN {Name Number and Full Name Number}.

It makes a big difference by which name you are called, as your Vibrations change based on your calling name. Here in this article we have taken into consideration best possible approach of body mechanism as how exactly it works to present the research.

Numerology can be used as Alternative method along with your ongoing medicines also. Also Numerology can help you to see positive changes in your career, relationships, and all other aspects of life.

Material and Methods

The day person is born his life starts revolving around the numbers. Right from the birthdate Tag tied around the neck of baby, his medical reports, further as life advances everything is allocated with numbers, in present era; person is identified by his PAN/ Aadhar numbers along with his name provided. Even the date of marriage, numbers of your Life partner make a very bigger impact of our lives.

Here we will take into consideration following terminologies

BN -- Birth Number,

DN--Destiny Number

NN--Name Number {Calling Name}

FNN—Full Name Number

Method Used: Chaldean Numerology

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Table 1: Chaldean Numerology system

1	2	3	4	5	6	7	8
A	B	C	D	E	U	O	F
I	K	G	M	H	V	X	P
J	R	L	T	N	W		
Q		S		X			
Z							

Lets understand the terminologies

For Eg

Birthdate; 22-1-1974

BN 4 2+2= 4

DN 8 {2+2} + {1} + {1+9+7+4} = 4+1+21 = 26 = 8

NN/FN 24 V+E+V+E+K= 6+5+6+5+2 = 24

FNN 41 {NN} + {M+A+N+T+R+I=17} 24+17 = 41

Table 2: Planets and it's related health issues /body parts

Number	Planet	Controls(Few eg)
1	SUN	Vital Fluid,
2	MOON	SNS, Lymph,
3	JUPITER	Deposition of fats, Liver,
4	RAHU	Gases, Eyes
5	MERCURY	Nerves, Thyroid,
6	VENUS	Endocrine Glands, Kidneys
7	KETU	Spinal canal
8	SATURN	Teeth, Ligaments
9	MARS	Iron in Blood

Here for this research I have worked on 160 samples of general public based on their existing name and Birthdate and have come to conclusion as which alphabet makes more difference in weight gain and under what conditions?

For eg to start with few observations

1) Name Starting with Alphabet S have maximum tendency of weight gain. Probably they are not able to lose the weight so easily inspite of exercise many times, for certain combinations explained below as being governed by Jupiter have tendency to expand. Here is sample sheet. 30 people with S alphabet were having weight related issues.

Table 3: First Alphabet of name and Birth number

First Alphabet/NN	1	2	3	4	5	6	7	8	9	Grand total
A	2		1	1	1	3	5	1	3	17
B			1							1
C		1			2					3
D		2					1		1	4
E			1						1	2
F					1					1
6	1		1						2	4
H		2				2			1	S
I			1							1
1		1	1		1	1	1	1		6
K		2		1	1	2	1	1	1	9
I.		1				1				2
M		5	2	1	3	3	2	2	2	20
N			2		2		2	1	1	8
P	1		2	2	3	2	4			14
R	1	4		3	1	1	1	1	1	13
5	4	1	4	3	1	5	2	6	4	30
T	1			1	2	1	1		1	7
U				1		2				3
V				2	4		1	3		10
Grand Total	12	18	16	15	22	22	21	13	22	160

Alphabet S, which is governed by number 3, which is Jupiter, has maximum possibilities of weight gain as compared to C, G, L in the same category. As alphabet S, many times have a tendency to live in fight mode. Mind is always occupied, which results in activation of body's Fight mode mechanism. If these people work out on better lifestyle their life can be really good. Similarly is this SH, appears in between or at end of name, person can manage their weight with proper exercise too.

2) If your birth number (BN) is 3, ie person born on 3, 12, 21, 30 of any month you have maximum chances to gain weight.

Table 4: First Name Number and Birth Number

FN/BN	1	2	3	4	S	6	7	8	9	rand Iota
1	1	1	2		1	2	1	2	2	12
2	1	4	5	3				2	3	18
3	2	1	3	2	1		1	4	2	16
4		5		3	2		3	2		15
5		4	1	4		3	1	8	1	22
6		1	5	2	4	3	3	1	2	22
7	1	5	4	2	1	4		1	3	20
8		1	3	1	2	2	1	1	2	13
9	4	4	6	3	1		1	2	1	22
Total	9	26	29	20	12	14	11	23	16	160

In above example I would also like to highlight that you're BN 3, which is first Anti with 6 gives maximum weight gain. This 6 can be your NN/FNN. Jupiter results in deposition of fats in body especially around viscera, thighs, butts. In case of females it can give health issues like Cyst, PCOD, thyroid, and under certain other number combination removal of uterus can happens, for BN 3 and DN 6 / NN 6/ FNN 6.

Alphabet M, also has a tendency to gain weight. This alphabet is governed by Rahu, which shows persons aggressive behaviour. Rahu can keep mind engaged always under unknown fear, competition, which can result in excessive cortisol formation due to body getting into fight mode activation. Once Body is in fight mode, adrenaline glands get triggered, also parallel cortisol formation starts to provide the Glucose in extra quantity for keeping muscles active, under stress mode. Its beyond scope of this paper to explain this in details, just to help you all, it's important to maintain healthy lifestyle.

I have presented examples below for same for Mr Amjad Khan and Sonakshi Sinha.

Amjad khan –case study to help understand post-accident weight gain

This is case study in brief about our own Gabbar Amjad Khan. This is just a small attempt to help everyone understand as how our BN/DN and other factors make a difference in life. He was very healthy person. This case study shows how Anti numbers, can create traumatic event and result in Weight gain beyond control.

- Post-Accident Weight gain
- DOB 12-11-1940 BN 3 DN 1, ZN 9
- FN 11/2 FNN 24/6
- BN 3, ANTI 4,7 DN 1, Anti 6,8
- Year of accident 1976 { here 7,6 was anti to his BN and DN }
- 13/4 Ribs Broken anti with BN
- The Great Gambler 49/4 Anti with BN
- If we see his BN was complete ANTI to his FNN 24{6} 3/ 6 combination which resulted in heavy weight gain,

Jupiter controlling FAT gain and Venus governing Endocrine Glands. Post-surgery he was not advised to exercise, which resulted in complete activation of 3,6 with Weight GAIN, which happened after the Trigger of 4 which was anti to his BN.

Sonakshi Sinha - perfect example for lifestyle management

For everyone of us, we have Latent health issues based on our BN/DN, based on our life style eating habits it can result in relevant health issue. Also same health issue can be managed if person modifies lifestyle

- Change in life style Weight loss
- DOB 2-6-1987 BN 2 DN 6 ZN 5
- FNN 27/9 NN 42/6
- BN 2 Anti 5,6 DN 6 Anti 1,2,4,6,7 Also 9 is Anti
- Her First same Alphabet S (3) Anti with her DN 6 as well as NN 6, which gave her Hormonal Imbalance leading to Whooping Weight of 95 K {6}. Excess of Number 6 activated thyroid Glands resulting in Weight gain.
- Her name also have one more combination of Weight gain, sh {3, 5} that also triggers to extra weight. If we analyse name also it has 2 Jupiter, If we see SO {3, 7} it shows unidentified Cause of Trigger to add on weight. BN 2 also controls Digestion.
- Once Life style was changed since 2008, including Food habits, Moon supported her completely and will support her till 2029 to maintain this health. I wish her Good health at age of 42.
- As long as person maintains lifestyle, Latent Disease remains Latent.

Notes

Number 3, 6 have natural tendency of weight gain, if they maintain healthy lifestyle they can live better. Plus also if their Anti numbers don't create any mishap they can live a happy life.

People with 3, 6 also have tendency to get diabetes if they done maintain healthy life.

Parallel even number 2 can get diabetes if they are not focussing on their mind relaxation.

Number 5 might develop health issue, as they think very fast and have seen getting depression if things don't happen as per their wish, can result in weight gain.

Also names starting with Sh have tendency of weight gain.

Also people having first two alphabets starting with SH, with first name 26, are also prone to Auto immune disease, should be very careful in life

Conclusion

Weight management is very important aspect for both male and females, as it results in various health issues. Jupiter is largely responsible for weight gain and also other health issues like Skin problems, Eczema. For Eg Name Number 39/ gives health issues related to Skin, Hair loss, and Eczema to many of the people. Similarly number 33 can give weight gain and endocrine issues if lifestyle is not maintained.

Every number plays important role and our human body is governed by all the planets, there are various factors to be considered to get into further depth. Every body part is governed by respective planets. Lets respect planets, lets respect their characteristics and live a healthy life. Living a healthy Life is your Right, use it Right.

I Vevek Mantri, have read and referred various concepts and its applications in practical life. Also below books have helped me to take my first step towards my journey.

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