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## A study to assess the impact of birth order on human life

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### Abstract

While this is merely a question of destiny and time, the psychologists say that our place in the birth order, be it firstborn, middle, last, or only, has a definite, sustainable impact. The birth order influences how we go about receiving our rightful portion of our parents' attention. This personality hypothesis has been supported by several research studies in the recent years. The fundamental clichés for each birth order are more than ever true: There is a forceful, predominant firstborn; the middle born, who's dissatisfied and wants to be desperately noticed; and the last-born who keeps getting away with everything that they do. Although these behavioral patterns—good and negative, strong and weak—are developed in adolescence, they tend to accompany us throughout adulthood, whether or not they are.

**Keywords:** Psychologists, destiny and time, human life

### Introduction

#### Firstborns

#### Personality

Firstborns often go to school early and speak and perform well. They tend to be more aggressive and dominating as adults than their classmates since they grew up larger, stronger, and wiser than their siblings. As a result, they're natural leaders, having raised a gang of younger siblings and sometimes acting as their foster parents. They have a knack for rallying the masses around them. They have enormous respect for authority, as they were the guinea pigs where their parents practiced setting rules.

#### Strength & Weakness

Although they are authoritarian, perfectionist, critical, self-aware, and self-righteous, their shortcomings include being competitive, determined, careful, and accountable. For general growth, they ought to learn to relax, let go, and have fun with whatever they do, particularly in the aspect of hard work.

#### Love Life

In romantic terms, they generally exhibit possessiveness towards their own things and the important people in their lives, possibly because they had to share most of their things with the younger siblings during their childhood, requiring that they hold on to what they claimed to be their own. They must learn to let go of control and become more spontaneous when it comes to love. Remember that not everything in romance needs to follow the rules—they and their spouse will be happy if they learn to relax.

#### Friendships

Firstborns are faithful, accountable friends—they will foster their pals until they reach the conclusion. However, if they learn to allow their buddies more flexibility, their friendships would be even healthier. They should endeavour to become less sensitive of status in their daily lives and to be more vulnerable to those who repose their confidence in them.

#### Career & Money Matters

Firstborns are natural leaders, but they're also too controlling and organisational maniacs. Firstborns prosper in occupations such as accountancy and architecture—everything that needs

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attention to the smallest details. They could attempt to be less strict in order to attain their maximum potential.

Firstborns are frugal, thrifty, and astute in their financial dealings. However, they are prone to become obsessive and worried about every small financial aspect.

### **Lifestyle**

In health and fitness, like in other life fields, firstborns are usually motivated. Team sports, particularly ones that stress collaboration and fun over competitiveness and victory, are great for firstborns.

### **How to identify them**

Clad in their Calvin Klein or Armani posh outfits, firstborns tend to get ironed and ready to amaze. Regardless of the time of day, they carry themselves just like dignitaries. Katharine Hepburn, Shania Twain, and Hillary Rodham Clinton are among well-known firstborn offspring.

### **Middle-Borns**

#### **Personality**

Middle-borns are often the family's mediator and peacemaker, stuck between domineering, determined elder siblings and disobedient younger siblings. They frequently seem forgotten and unnoticed, expelled by their more demanding brothers and/or sisters out of the limelight.

#### **Strength & Weakness**

They are calm, open-minded, polite, and generous. Middle-born people are excellent negotiators and superb compromisers. Despite these, they tend to be inconsistent, wilful, secretive, and too conciliatory. Middle-borns demonstrate that being overly tolerant is possible.

#### **Love Life**

They should be more direct in seeking positive attention rather than waiting for it to reach them. Because the middle-born craves to feel needed, they seek mates who dominate them and make them feel possessed. They should instead select a companion who can stand alone and yet count on emotional support. They should make efforts to be more confident in meeting their own needs in order to become a better spouse.

#### **Friendships**

The middle children become dependable and loyal friends as they are seasoned peacemakers. They need pals who will not use them, who will certainly express their ideas and preferences. And they should not be hesitant to speak out for themselves, even if it means occasionally upsetting the status quo.

#### **Career & Money Matters**

Middle-born individuals are effective managers because they are able to listen and work for the common good after listening to all sides. They are perfect for publicity, sales, or any other area involving negotiation. They should learn to delegate instead of placing all duty on others' shoulders, to be a better worker.

After growing up in the shadow of their siblings, they want to stand out uniquely and accomplish more than just keep up with them. This often causes them to spend more than they can; receiving expert help in developing a strong financial plan and adhering to it is a great idea for middle-borns.

#### **Lifestyle**

Because middle-borns are yes-men who seldom say no, they typically eat more than they require. They're superb team

players since they've already learned to work effectively with others.

### **How to identify them**

A middle-born's biggest dread is mingling with the throng. They'll attempt anything—provocative clothing, an audacious hairstyle—to be noticed. Donald Trump, Julia Roberts, and Ted Kennedy are prominent middle-borns.

### **Last-Borns**

#### **Personality**

Last-born children are more audacious, risky, and much liberal than firstborn children. They are more likely to consider and do things in novel ways, no matter if their ideas work or not. Because their elder siblings have absorbed the majority of their parents' conventional pressure to achieve, many last-borns resort to innovation, individualism, and even rebellion to set themselves apart from their siblings.

#### **Strength & Weakness**

They are extroverted, social, loving, and creative, yet they have a strong propensity to become spoilt, deceptive, self-centered, and mercurial. Last-borns always want to be the focus and frequently evade accountability for their acts. To better themselves, they have to ensure that they are more devoted to whatever they do, by fulfilling all their commitments.

#### **Love Life**

They are best partnered with matured and responsible companions, with intellect and strength to ground the last-born and to bring them back to Earth, due to their high tendency to flight.

#### **Friendships**

They are typically gregarious and famous, with a large group of friends who are ready to dedicate their whole and undivided attention to them. They can attempt to offer others as much attention to themselves as they require to be a better friend themselves. Instead of speaking, begin by listening.

#### **Career & Money Matters**

The last-borns are the world's pioneers and entrepreneurs. Artists, entrepreneurs, and innovators are frequently found among them. They prosper in professions that give them a sense of freedom and sufficient liberty to perform according to their skills. They have a high tendency to spend money recklessly. They must understand the benefits of saving and preservation; even a modest way of investment in a bank or any other financial institution is a step forward.

#### **Lifestyle**

Last-borns are addicts of immediate satisfaction—they are keen on the strong taste sensation, which regrettably gives them a gluttony potential, and they have to be extra careful to keep a watch on their cravings.

### **How to identify them**

It is not difficult to find a last-born, since they make sure to fulfil their desire to be noticed and distinguished. They'll probably dress in unusual or provocative ways only to attract people's attention. A plethora of body piercings, green hair, and skin-tight leather trousers are all hallmarks of the rebellious last-born. The famous last-borns include Bill Gates, Jay Leno, and Howard Stern.

### **Only Children Personality**

Consider only children to be firstborns, with a dash of additional perfectionism thrown in for good measure. They tend to establish high, often unachievable expectations for themselves and others since they alone had to meet the standards of their parents; thus, they frequently end up driving others away by being too critical and demanding. On lies, on a personal level, are difficult to get to know as they have a hard external shell. But from within, they are genuinely loving, supporting, enriching with all the love that they have got.

### **Strength & Weakness**

Even if they are detail-based, self-assured, driven, and self-motivated, they should strive to modify themselves to avoid becoming self-centered, impolite, excessively anxious, and too methodical. They should establish a goal for greater spontaneity and to take life in stride. They need to understand the perks of sharing with others—a value they presumably haven't acquired as a youngster.

### **Love Life**

They may be a better spouse themselves by continuously checking to see if they've put their partner's demands ahead of their own since they're generally guilty of prioritizing themselves above everyone else.

### **Friendships**

Onlies are vulnerable to loneliness as a result of their solitary upbringing. Therefore, they require only a close buddy or two who are good-natured and kind. They will excel in jobs that use all of their emotions and mental muscles, such as nuclear technicians, physicists, or bank chairman. They like vigorous work that is demanding, and despite their productivity, they have a propensity to overwork themselves and others.

### **Career & Money Matters**

Due to their high respect for accomplishment and their relentless commitment, onlies receive higher pay. They undoubtedly take comfort in the size of their bank accounts, but they have a proclivity for hoarding, and they must learn to enjoy the satisfaction of sharing their riches with others via meaningful presents and charitable contributions.

### **Lifestyle**

Diet and exercise are rarely a problem for onlies; they're generally highly active and fit due to their high expectations. They should learn to take on less and to be gentler with their bodies. In terms of diet, because of the tendency to accomplish all at a quick speed, they must keep in mind when and what they are consuming. They can enjoy a proper, nutritionally balanced diet by preparing their daily menu ahead of time.

### **How to identify them**

They receive attention and admiration stares wherever they go with their beautifully dressed and elegant appearance. Chelsea Clinton, Oprah Winfrey, and Nancy Reagan are among some of the renowned onlies.

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