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**Kamlesh Kumar Lakhera**

Scholar, Shree Maharshi College  
of Vedic Astrology, Arihant Plaza,  
Udaipole, Udaipur, Rajasthan,  
India

## Analytical study of heart attack (Cardiovascular disease) in terms of “Jyotish” (Vedic Astrology)

**Kamlesh Kumar Lakhera**

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### Abstract

**Objective:** Analytical study on Heart Attack (Cardio Vascular Disease) in terms of Vedic Astrology

**Approach:** In process of subject understudy around 500 individuals were contacted. The study was carried out over 27 principles of Jyotish in respect of each Birth Chart.

**Findings:** From Analysis of these charts it was corroborated that the Heart problem in an individual was not just a coincidence, but as a result of series of un-favorable planetary conditions in natal chart, Navamsh as well as in transitory horoscope of individuals. A detailed analysis in this regard was carried out based on Planets, houses, Dasha/AntarDasha/ PratyantarDasha etc. On analysis it was also revealed that affliction of mere fourth house or Sun in natal chart does not necessary result in heart attack, as derived in earlier studies. Rather, almost all the significators of the heart i.e. Sun, Fourth house, lord of fourth house, Leo, Cancer etc. were found inflicted in the natal chart as well as Navamsh of the individual suffering from heart problem or heart attack.

**Summary and Conclusion:** It could be established from the study that astrological principles may be very effective tool to predict and diagnose the presence of Heart Disease in living beings. The study found a substantial agreement between the heart problems in target population with the available principle of astrology pertaining to Heart Disease with respect to planetary position in Natal Chart, Navamsh, Dasha /Antardasha and Gochar. Vedic Astrology, if used with proper sense of understanding, can determine the pathogenesis of disease well before its onset, which in turn will assist deterrent medical diagnosis and treatment.

In this study an effort has been made to analyse all the factors/significators responsible for heart problems, still scholars are encouraged to come up with the improvements in shortcomings of the study and carry forward the legacy of the Vedic Science for betterment of society and living beings. On the basis of analysis made few of the conclusions which could be drawn are as under;

- On analysis it was noticed that almost all the significators of heart i.e. Sun, fourth house, lord of fourth house, Cancer, Leo, Lagn, Lagnesh etc., responsible for heart problem, were found under infliction (except in few cases). It can be corroborated that only infliction of Sun or fourth house cannot result in heart problem,
- Where Lagnesh was weak, in Rahu Ketu Axis or conjunct Rogesh/Astmesh/Vyayesh or Markesh with various other malefic conditions of significators of heart, the individual was under heart problem since birth,
- It was also observed that with sufficient affliction to the significators of heart, where Lagnesh was debilitated/moving to debilitation and in marak house/6<sup>th</sup> house/aspected by Markesh etc. in most of the cases resulted in death of individual after heart attack.
- With the inflictions of the significator of heart, where Lagnesh though under malefic conditions but in exalted position and forthcoming Dasha/AntarDasha/Pratyantar Dasha was of benefic planets, individual responded quickly to treatment.
- In almost all the cases, individuals suffering from heart problems during Dasha/AntarDasha/ Pratyantar Dasha etc. of Rogesh/Astmesh/ Vyayesh/Markesh or inflicted planets, were directly related to the factors responsible for the heart i.e. Sun, Fourth house, Lord of fourth house, Leo & Cancer etc. Where the disease was inflicted under Dasha/AntarDasha periods of Rahu/Ketu, the factors responsible for Heart problems were in Rahu-Ketu Axis/aspects.

**Keywords:** Diagnostic astrology, significators, medicinal diagnosis, afflict, inflict

### Introduction

Jyotish, also known as Vedic Astrology or Indian Astrology in modern times is an ancient Indian astral science which deals with the study of planetary influences on the life of Living / Non-living beings.

**Corresponding Author:**

**Kamlesh Kumar Lakhera**

Scholar, Shree Maharshi College  
of Vedic Astrology, Arihant Plaza,  
Udaipole, Udaipur, Rajasthan,  
India

It evolved progressively through extensive knowledge and research work gained by the sages and saints of ancient India. The word “Jyotish” (JyotirVigyan) has been derived from the Sanskrit, which literally means (Jyoti=Light & Vigyan-Science) the Science of Light. It guides a person from the darkness towards light, world of knowledge and enlightenment. It has a power not only to peek into past and present but has the capability to look into future also. “Jyotish” is a boon to the world for the well-being of the living beings from the learned scholars (Sages / Saints) of ancient India.

Renowned Astrologer VarahMihir through following verse (Sloka) in Laghu Jatkam has compared the Hora Shashtra to a lamp which throws spotlight on the objects lying in darkness.

यदुपचितमन्यजन्मनि शुभाशुभम तस्य कर्मणः पक्तिम ऽ  
व्यंजयति शास्त्रमेतत् तमसि द्रव्याणि दीप इव ॥<sup>1</sup>

Jyotish has been derived from one of the six Vedangs i.e. Jyotish, Vyakaran, Siksha, Kalp, Nirukt and Chhand. These Vendangs are the supplement to four Veds viz. RigVed, Yajurved, SamVed and AtharvaVed. Vedangs represent the various parts (parts of body) of Vedas viz. Jyotish-Eyes, Vyakaran-Mouth, Siksha-Nose, Kalp-Hands, Nirukta-Ears and Chhand-Legs. The same is coined in following sloka;

छन्दः पादौ तु वेदस्य हस्तौ कल्पोऽथ पठ्यते  
ज्योतिषामयनं चक्षुर्निरुक्तं श्रोत्रमुच्यते। शिक्षा घ्राणं तु वेदस्य  
मुखं व्याकरणं स्मृतम् तस्मात्सांगमधीत्यैव ब्रह्मलोके  
महीयते॥<sup>2</sup>

“Vedic Astrology” and Diseases are intimately linked to each other. In ancient time properly applied astrology would quickly determine the type of disease in the patient. Astrology and Diseases if coordinated together may yield better results for diagnosis and treatment. This study is designed to review the astrological concepts that have been used to establish a correlation between the planets and ‘Cardio Vascular Disease’ in terms of ‘Vedic Astrology’.

### Literature and review

“Jyotish” (Vedic Astrology), is very ancient and regarded as the oldest system in the world of astrology known to mankind. Archaeological Record<sup>3</sup> could trace the Indian ancient astrology at age of about 5000 year BC. History of Astrology has its root in the Vedas of Hindu that are the oldest scriptures in the world {‘Rigved’ has been recognised as the oldest scripture (book) of civilisation by UNESCO}. Jyotish, the term used for traditional Vedic Astrology/Hindu Astrology, was anciently the branch of knowledge dedicated to the study of Heavenly/astronomical bodies in order to observe the right time to perform the Vedic rituals. Today’s “Jyotish” is inherently a study of ‘Karma’ which gives it a very different foundation compared to other forms of astrology. In addition to this, the predictive techniques such as Dasha System (Planetary, Zodiac and constellation based time periods), Varga System (Divisions of birth chart) are unique form of Vedic Astrology. “Vedang Jyotish” is the earliest

Indian Work on the science of time keeping derived from ‘Samhitas’ and includes the study of astronomy, astrology and the science of timekeeping using the movements of celestial bodies. It aims to keep time, maintain calendar, and predict auspicious times for Vedic rituals.

It was neither the first nor the last word in Indian Astronomical system of time keeping, as the Indians keep pioneering in the field of ‘Ganit (Mathematics) and ‘Jyotish Shastra’ over three millennia. This enabled the Indians to establish a robust and stable working calendar for the diverse n of soul takes place into a body at a very specific period of time and place, when all conditions are perfectly matched with that predefined cosmic design. The moment an individual is born position of these celestial bodies is drawn on a chart, known as his Natal Chart or Birth Chart. Natal chart of an individual is like a photograph of sky at the time of its birth. By reading this heavenly chart, an astrologer draws conclusions about the happenings in the life of an individual. These happenings are drawn in a sequence (Predictive timeline) of Maha Dasha, Antardasha, Pratyantar Dasha, Sukshma Dasha and Pran Dasha. Dashes line are used to determine when, how and the time slab, these events will unfold in the life of individual. These Dasha periods (Ruling periods of planets) are unique in Vedic system of Astrology and work as a tool for accurate prediction with quite precision.

Vedic astrology believes Sun as the basic of life which is true as we cannot imagine life without Sun. In absence of Sun the earth cannot germinate seeds, seeds cannot be grown into plants, plants cannot get foods to grow and if plants are not there the whole life cycle will collapse. As per Vedic Astrology and Vedas the Intelligence and spirituality is defined by the Sun. The fertility cycles in living beings are governed by moon. It also rules the emotional nature of an individual. Vedic Astrology truly let the soul meet its final destination that is God by leading a spiritual and right life. It works on belief that every living being gets birth based on his past karmas. “Jyotish” designate the occurrences / happenings in the life cycle of living beings in terms of ‘Karma Phala’ (deeds/actions) and its predictions are results of these ‘Karma Phalas’. In short the “Jyotish” can be defined as the set of rules for timing of fruition of past deeds. All these actions do not tender the fruits of ‘Karmaphalas’ instantly. These are categorized in three parts viz. (i) Prarabdh (ii) Sanchit and (iii) Kriyaman Karma. These are explained in details below:-

- Prarabdh Karma:** - Are the deeds of previous birth, which makes/destroys the luck of a person.
- Sanchit Karma:** - Meant for deposit. All the deeds done by living beings keep on accumulating in the form of good or evil. These accumulated Karmas are called as Sanchit Karma.
- Kriyaman Karma:** - Deeds carried out by human beings in their existing life. A person gets some of the results of these deeds in the same life and remaining gets deposited to make it to the Sanchita karma. These sanchit Karma get added to the Prarabdh karma ultimately. Some results may be instantaneous while others may be deep and far reaching, may even go beyond the existing life.

### History

History of Miraculous “Jyotish” is very old and this miracle was created by the ancient Indian sages. After thorough study they concluded that “Yat Pinde tat Brahmande” (Our body is a smaller part of Universe) and based on these principle they

<sup>1</sup> VarahMihir in Laghu Jatkam in Slok-3 of Chapter-1

<sup>2</sup> Panini Shikshayam

<sup>4</sup> Uday Dokras - A Brief History of Jyotish

shaped the Vedas. “Vedang Jyotish” has been derived from three different texts :-

- Yajush-Jyotish consisting of 43 verses, some versions have upto 49 verses,
- Arca-Jyotish consisting of 36 verses and;
- Atharva-Jyotish consisting of 163 verses.

Verse 2 of ‘Yajush-Jyotish’ and verse 3 of ‘Arca-Jyotish’ corroborates the “Jyotish” as “Yajna-kalarth-siddhaye” means find the right time to perform the Yajna. Thus the “Yajnas performed during the Vedic Age needed correct timing, which is proven by the name of first Vedic Yajna (Darsa-Poornamasi).

Atharva-Jyotish is the most detailed of these three texts, which gives the detailed proofs of ‘Phalit Jyotish’ (prediction results). Yajnas were performed to obtain these “Phalas”. Verse 3 of Arca-Jyotish says the motions of heavenly bodies are “completely” described in Arca-Jyotish, but only a tip of the iceberg is available today, as only 36 of verses of this iceberg can be seen today.

### Compilation

The ‘Rigveda’ version is variously attributed to sage Lagadha, and sage Shuci. As far as ‘Yajurveda’ is concerned, it is not assigned to any particular sage. It is available to modern era as a commentary of scholar Somakara, which is the commonly studied version. These ‘Vedas’ were transcribed by Maharshi Ved Vyasa, who arranged these into Samhitas.

### Transmission

The “Vedang Astrology” practiced as ‘Vedas’ were transmitted orally in traditional manner, since their composition during Vedic period from father to son or from teacher (Guru) to student (Shishya), for the millenniums together, as it embodied that a living teacher only can teach the correct pronunciation of the sounds and explain hidden meanings.

To some extent Oral tradition of transmission remained active even in the later part of Maurya Dynasty. A literary tradition is traceable in post-Vedic times, after the rise of Buddhism in the period of Maurya Dynasty, perhaps earliest in the Kanva recession about the 1st century BCE.

Although this form of oral transmission cultivated a strong memory culture in ancient India, but at the end of the Vedic period their original meaning had become obscure for ordinary people. Hence Niruktas, etymological compendiums, were developed to preserve and clarify the original meaning of many Sanskrit words. But due to Father / Son and Teacher / Student culture of transmission the original form of “Vedang Jyotish” lost its stream due to in-comprehensible verses, to ordinary people and various other natural and unnatural reasons. This further got a setback due to continuous invasion by the foreign invaders, who either destroyed the rich Indian scriptures or took it along with them to their countries.

### The Extant Text

The roots of Jyotish (Vedic Astrology) go back thousands of years where it was first recorded in the ancient Indian scriptures known as RigVed. Many experts consider the Rig Veda to be at least 5,000 years old, but some references suggest its origin as 8,500 BC to 10,000 BC. The ancient Hindu scripture on ‘Jyotish’ predominantly cover astronomy. Ancient astrology is found in the part of AtharvaVeda in the form of ‘Mahopanishad’ or ‘Jyotishmati’. But later on in medieval era the scripts like Yavana Jataka and the Siddhant were more ‘Jyotish’ oriented. The most saiddhantic (honoured

principles) text of Jyotish is ‘Suryasiddhanta’ which believed to be given by Lord Surya at fag end of the ‘Sat Yuga’. The earliest reference to “Jyotish” can be found in Mundaka Upanishad. Chandogya Upanishada also mentions it as a distinct discipline. The main ‘Phalit-Jyotish’ text is derived from ‘Brihad Parashar Hora Shastra (BPHS)’, originally known as ‘Hora Parashari’, which belonged to the last phase of ‘Dvapara Yug (Age)’. As per a verse in Charan-vyuh there were four lakhs verses in Jyotish, but even the well-known ‘Brihad Parashar Hora Shastra’ contains only four thousand verses today. Another text of major importance for Vedic astrology is the Brihad Samhita, believed to be written by VarahMihir in the year 523 AD. It provides guidance on how astrology and astronomy can guide and improve the social life and public welfare towards betterment. Aryabhatiya and Arya Siddhant are another two major astrology texts which were written sometimes around 470 AD. These texts highlight the importance of astronomical observations and precise mathematical calculations in creating accurate Astrology charts. Brahm-Siddhant’ the scripture of ‘Jyotish’, which was probably composed in the fifth century, illustrates the movement of planets, sun and moon to calculate time, tithi and calendar etc. The script also enumerates the mathematical calculations/formulae to support its theory of orbits, anticipate correctly the planetary positions and calculate relative mean positions of celestial nodes and apsides. System of Jyotish became more formally codified gradually and in the early 19th century came to be known as Hindu astrology.

The present form of Jyotish has been derived from Vedang Jyotish, which is 700 BC to 1400 BC or earlier. The term Vedic Astrology is a modern name of ‘Jyotish’ which became popular in 1980s.

The present age (Kalyug), which is believed to begin in 3102 B.C., Rishi (sage) Parashar extracted the essence Vedic Astrology and consolidated it into his text, known as the BPHS. He was among the last greatest Rishis of the Vedic age who explained about natal chart involving twelve Zodiac signs, twelve houses of horoscope, nine planets and twenty-seven Nakshatras. Treatise of Parashar is the only surviving Vedic text available on astrology today that presents the existing system of astrology. There are other writings also those still survived, with focus on particular aspect of Vedic Astrology, but Parashar aggregated the literature as a whole. He gave two techniques, particularly effective today i.e i) Planetary periods known as Vimshottari system and ii) Shadbal (system for assessing planetary strengths).

### Branches

Rishi Parashar taught this text to his disciple Rishi Maitrey and Maitrey in turn taught it to his disciples and it was passed on to the next generations through this propagation. In addition to BPHS, there are several other scriptures of Vedic astrology from post-Vedic period which explicate Parashar’s Hora Shastra. This turned out to be good for Vedic Astrology as some of the older Parashar texts have been lost with the passage of time. Satyacharya and in particular VarahMihir were the notable astrologers, who wrote several important texts on astrology during this propagation. Ancient Jyotish (Vedic Astrology) has six branches.

- Gola** (Positional Astronomy) - Positional Astronomy is a branch of observational astronomy used to locate astronomical objects on the celestial sphere, at particular date, time, and location with respect to Earth. It relies on the mathematical methods of spherical geometry and the measurements of astrometry,
- Ganit**: It is a mathematical tools for analyzing the results of Gola,



- c) **Jatak:** Natal astrology or observation of Natal Chart (birth chart),
- d) **Prasn:** It is about answering specific questions based upon the time the question is asked. More specifically used in case of non-availability of natal chart,
- e) **Muhurt:** It is an auspicious time to start something,
- f) **Nimit:** Omens and portents. This is a phenomenon that is believed to foretell the future, often signifying the advent of change.

There are also many sub-branches. The Rishis following Parashar have written texts on all branches.

Perhaps the most prominent among these is the Brihad Jatak of VarahMihir a prominent minister in the court of famous Emperor the Vikramaditya. Since the Parashar Hora was voluminous and huge, the Brihad Jatak became more prominent and common. Brihad Jatak presents a gist of the Parashari system. VarahMihir wrote the Brihad Samhita also, which presents information about the Nakshatras (stars), also known as lunar mansions in western astrology.

There are two main branches in Modern Vedic Astrology (Jyotish):

Ganit (Siddhant): - Ganit means mathematics, but in practice it does not include the calculations involved in making horoscopes and predictions, it is merely a synonym for Siddhan. It deals with the astronomical study of celestial bodies. Siddhant has many varieties broadly divided into two classes apaurusheya and paurusheya on whose basis later Tantra and Karana texts were derived.

- a) Original apaurushey Siddhants, 18 in number, propounded by Sages or Gods,
- b) Man-made or paurushey siddhants, five ancient siddhants and another set of five later siddhants now used by traditional panchang makers,
- c) Tantra (astrological) method and texts, different from philosophical Tantra,
- d) Karana method and texts,
- e) Drig-Ganit or physical astronomy,

**Phalit:** Phalit or predictive astrology is further divided in to two sub categories Samhita and Hora. In actual practice, Samhita and Hora are enumerated as separate branches due to vast difference in their subject matter, and traditional taxonomy talks of three skandhs or divisions of Jyotish as under:

- a) Samhita: Deals with Mundane activities of astrology like earth quakes, floods, volcanic eruptions, rainfall, weather conditions, economic conditions, etc. Samhita includes:
  - i) **Medini** Jyotish also called Mundane Astrology or Predictive Astrology of territorial regions and is used for predicting important events such as earthquakes, weather events like tsunamis, thunder storm, rain, war, national politics & economy and prices etc. based on analysis of astrological dynamics in the horoscope of a territorial regions including whole world, and transit events (gochar).
  - ii) **84 Chakras** (astrological) which are widely used in Medini Jyotish as well as in Hora, such as Sarvatobhadra Chakra (Panchshalak chakra).
  - iii) **Muhurta** are used for finding auspicious timing of important events and actions like marriage, samskars, tour/travel etc.
  - iv) **Vastu-Shastra** is used for construction of Buildings, houses, temples, towns or other mega infrastructures.
  - v) **Shakuna-Shastra** deals with omens and portents.

- vi) Diverse astrological topics and similar attributes like of, animals, trees, materials, and various items etc.

- b) **Hora** – predicts the time for various activities of astrology of individuals, whose main branch is called Jatak.

- i) **Jatak** is used to analyse Janm-Kundali (natal chart) includes Varshaphal. Nast-Jatak studies those persons whose birth details are unknown.

- ii) **Prashn** (Question based horary) horoscopes are made based on query and moment. Prashn is also used to make horoscopes without birth data.

- iii) **Samudrik-Shastra** studies palmistry, study of facial features, features of different parts of body etc. and correlate these things with planets in horoscopes.

- iv) **Swar-Shastra**- It studies twenty Swar Chakra for deducing astrological implications without birth data.

Jatak, Prasn, Samudrik-Shastra and Swar Shastra etc. helps even when birth time is known. These disciplines help in removing errors and arriving at greater accuracy and better details.

### Propagation

The valuable knowledge of Vedic Astrology was spread to other countries having religious, cultural, trade & tour relations and through intermingling among different cultures/civilisations. Scholars from around the world who were impressed with the scriptures of India taken it with them and translated it into their own languages. First to carry this scripture from India were the Persians and from there it gradually spread to Babylons, Greeks Rome, and Egypt. With the rise of Islam the Arab countries learned it and scripted it as 'Ibnbatuta' and 'Albaruni'. Albaruni was an Islamic Scholar who came to India with Mahmud Gajnabi and based on the "Sidhant and Brahmsutra" he narrated "Indica", which became famous world wide. After reading Indica the German Scholar Che Sanno narrated it into German language and after that many scholars from German came to India to study the Vedic scripture of India and written many books on these subjects. The science of Vedic Astrology ('Jyotish') was translated into the Chinese language in the second and third centuries. Shift in the relative location of the sun (Vedic Script) towards north for 6 months, and south for 6 months are found in the works of Chinese writers Zhu Jiangyan, Zhi Qian etc.

According to 'Britanica Encyclopedia' all the numbers from 1 to 10 were emerged in India. These numbers which were well utilised by Arabians and were known as Hindu Arabic numerals. From Arabians these numbers were disseminated to the European countries.

### Material and Method

The Jyotish is an astrological wisdom relevant to an individual. It involves the study of a native's horoscope (through natal chart). By such a study, an assessment of good or bad occurrences that lies in store for an individual is possible. These good or adverse events in a native's life are fruits of past deeds (Karmas) of the native. These Karmas may belong to his present life or past (earlier) lives. Astrological wisdom thus reveals the results (fruits) of past Karmas of an individual. Renowned Astrologer and sage VarahMihir emphasises on the existence of past lives and their influence on our present and future lives. The whole

“Jyotish Shastra” revolves around these Karmas and their impacts on the lives of living being.

As the science of healing forms an important part of remedial astrology, ‘Jyotish’ and diseases thus are intimately linked to each other, let it be through Ayurvedic treatment or through pacification by Chanting Mantras, carrying out ‘Japas’ or through the religious ‘Tantras’. Principles and training of “Vedic Astrology” are well elaborated in this context. “Jyotish Shastra” works on certain principles. Accordingly to “Jyotish” when a human being is born, the static picture of Zodiac/Planets/Nakshatras (constellation) in the sky represents its Natal Chart. Based on this Natal Chart the predictions about the well-being of a living being are ascertained. Natal Chart is divided into twelve houses and each house represents the characteristics of that house as under:-

Table MM 1

Houses as indicated in natal chart	Zodiac Sign (Representative)	Representative Body Part
First House (Lagn)	Aries	Head, Brain, Face
Second House (Wealth)	Taurus	Neck, throat and Lips
Third House (Sahaj-Siblings)	Gemini	Two upper arms including shoulder
Fourth House (Comfort)	Cancer	Elbows, Chest and Stomach
Fifth House (Son)	Leo	The upper part of belly and upper abdomen, heart, gall bladder, vitality, intestines.
Sixth House (Disease)	Virgo	Hand, wrist and waist
Seventh House (Spouse)	Libra	Urinary organs, Vasti or the region below umbilicus (including the pelvic organs)
Eight House (Age)	Scorpio	Sexual organs (private parts or external genitalia)
Ninth House (Fortune)	Sagittarius	Two Thighs (and hip joints)
Tenth House (Profession)	Capricorn	Two Knees
Eleventh House (Income)	Aquarius	Two Legs below the knee joints and ankles
Twelfth House (Expenditure)	Pisces	Toes and two feet

Various planets are the natural owners of these houses and zodiac signs respectively as under:-

घराजशुक्रजशशीनसौम्यसितारजीवार्कजमंदजीवाः ।

क्रमेण मेषादिषु राशिनाथास्तदंशपाश्वेति बदन्ति संतः ॥<sup>7</sup>

Table MM 2

Zodiac Sign	House	Planets
Aries	First House (Lagn)	Mars
Taurus	Second House (Wealth)	Venus
Gemini	Third House (Sahaj-Siblings)	Mercury
Cancer	Fourth House (Comfort)	Moon
Leo	Fifth House (Sun)	Sun
Virgo	Sixth House (Disease)	Mercury
Libra	Seventh House (Spouse)	Venus
Scorpio	Eight House (Age)	Mars
Sagittarius	Ninth House (Fortune)	Jupiter
Capricorn	Tenth House (Karm Sthan-Profession)	Saturn
Aquarius	Eleventh House (Income)	Saturn
Pisces	Twelfth House (Expenditure)	Jupiter

These planets have different aspects from the house they are posited on as under

पूर्णम्पश्यति रविजस्त्रितीयदशमे त्रिकोणमपि जीवः ।

चतुरश्रं भूमिसुतः सितार्कबुधहिमकराः कलत्रं च ॥<sup>8</sup>

तनुधनसहजसुहृत् सुतरिपुजायामृत्युधर्मकर्माख्याः ।

व्यय इतिलगनाद्वावाश्चतुरस्त्राख्येऽष्टम् चतुर्थे ॥<sup>4</sup>

From the first house (lagna), the twelve houses are. (i) Tanu or body; (ii) Dhan or wealth; (iii) Sahaj or co-born, also called house of valor; (iv) bandhu, a friend or well-wisher; (v) Sut or son; (vi) Ripu or enemy; (vii) Jaayaa or wife; (viii) Mrityu or death (longevity); (ix) Dharma or religious (virtuous) pursuit; (x) Karma or vocation; (xi) Aay or income; and (xii) Vyay or expenditure. Each house starting from one (Lagna), represents these characteristics chronologically. Based on presence of planets in these houses the overall horoscope of an individual is charted out. Twelve houses also represent twelve ‘Rashis’ (Zodiac Sign) consisting of 360 Degree. Thus every ‘Rashi’ is consisting of 30 Degree each (360/12). These twelve ‘Rashis’ are

मेशवृषमिथुनकर्कटसिंहाः कन्या तुलाथ वृश्चिकः ।

धन्वी मकरः कुम्भो मीनस्त्विति राशिनामानि ॥<sup>5</sup>

Mesh (Aries), Vrishabh (Taurus), Mithun (Gemini), Kark (Cancer), Simh (Leo), Kanya (Virgo), Tula (Libra), Vrishchik (Scorpio), Dhanu (Sagittarius), Makar (Capricorn), Kumbh (Aquarius) and Meen (Pisces). These ‘Rashis’ represent the various body parts of the ‘Kalapurush’ (Eternal time represented in human form). ‘Kalapurush’ in a way is the concept of imagining a human form stretched along the whole zodiac, from zero degree to 360 degrees. The zodiac signs form the part of the body of the ‘Kalapurush’ starting from Aries as Ascendant and their after as stated below:-

शीर्षमुखबाहुहृदयोदरानी कटिबस्ति गुह्यसंज्ञानि

ऊरु जानू जङ्घे चरणाविति राशयोऽजायाः ॥<sup>6</sup>

The Various Rashis (Zodiac Sign) are the natural owners of various houses, as tabulated below:-

<sup>4</sup> Laghujatakam by VarahMihir Chapter-1

<sup>5</sup> Saravali by Kalyan Verman, Chapter -3 Sloka -3

<sup>6</sup> VarahMihir’s Laghujatakam Chapter-1 & Brihad Parashar

All planets aspect their seventh house fully. In addition Mars also aspects the fourth and eighth houses fully from the house it has occupied, Jupiter has its full aspect on fifth and ninth houses and Saturn fully aspects third and tenth houses. Thus Venus, Sun, Mercury and Moon aspect only their seventh houses fully. Ketu does not have any aspect. There are differences of opinion in theories about the aspect of Rahu. In majority of the traditional text it has been taken as 5<sup>th</sup>, 7<sup>th</sup> and 9<sup>th</sup> aspect and the same has been taken for study in this article also. The extent of aspect that a planet receives from other planets, and balances between benefic and malefic aspects, indicates Drig-Bala or aspectual strength of Planets.

The previous studies have corroborated that the zodiac signs depict a strong relationship with the kind and type of diseases and the connected body part in living beings.

The twelve houses of natal chart also represent the body parts of 'Kalpurush' same as in case of 'Rashis'

All these twelve 'Rashis' have their lords called Grah (planets). These planets are Sun, Moon, Mars, Mercury, Jupiter, Venus and Saturn as explained in table MM-2 above. Sun and Moon not being a planet is referred to as planet in "Jyotish" for easy reference. The rotation of earth around Sun depicts the movement of Sun with respect to earth. Apart from these seven regular planets there are two more planets referred in "Jyotish" as 'Rahu' and 'Ketu'. These are shadow planets and do not own any 'Rashis'.

अथ खेटा रविश्चन्द्रो मंगलश्च बुधस्तथा।

गुरुः शुक्रः शनी राहुः केतुश्चैते यथाक्रमम्॥<sup>9</sup>

Out of these seven planets Sun and Moon own single 'Rashis' i.e. Leo and Cancer respectively. All other five planets are owner/lords of two 'Rashis' each consisting of one odd and one even Rashis i.e. Mars-Aries & Scorpio, Venus-Taurus and Libra, Mercury-Gemini and Virgo, Jupiter-Sagittarius and Mean and Saturn-Capricorn and Acquarius.

Planets are the natural owners of various houses and have control over the various body parts and internal organs of "Kalpursuh" as under:-

When in the house of health (Sixth house), house of age (Eighth house) house of expenditure (Twelfth house), in enemy zodiac sign, debilitated sign, weak, conjunction with cruel planet, aspected by cruel planet, descending, retrograde etc. inflict negative impact on the body of "Kalpursuh" and afflict the body of the individual as under:-

तत्रार्क शनि भूपुत्राः क्षीर्णेंदु राहु केतवः ।

क्रूराः, शेषग्रहा सौम्याः, क्रूरः क्रूर युतो बुधः॥<sup>10</sup>

Keeping in view the above portrayal in, an astrologer can foresee the possibility of a person liable to suffer before a onset of the disease.

In Jyotish the sixth house of the natal chart (birth chart) is generally analysed for the problems related to diseases. In addition following points are to be kept in the mind while predicting the disease in natal chart. The first house of the birth chart depicts the overall personality of an individual. Planet who is owner of the first house in birth chart does not generally inflict any ill effect on the well-being of an

individual, but still planet based on its nature affects the personality of the individual. If the Lord of first house is a cruel planet, in debilitated position, in conjunction of a cruel planet or is aspected by a cruel planet, it will afflict the body parts of the individual based on the ownership of the planet posited on a particular house.

Planets those are owner of Second House and Seventh house of the birth chart are considered as "Marak" (inflicting death penalty) and hand over an incurable disease to the individual leading to death.

Lord of Sixth house is termed as the "Rogesh", but does not always inflict disease on an individual. According to 'Hora Sar' by Shri "Prithuyasas" son of Acharya Shri "VarahMihir" if sixth house is occupied by a cruel planet, it reduces / destroys the ill effect of that house. Similarly if auspicious planet is the Lord of the house or is posited on it, it will inflict disease on the individual based on its strength. More powerful the planet more will be the severity of the disease. "Rogesh" generally inflict the disease on the body part of "Kalpurush" in which house it is situated or on the house seen by it.

If the lord of sixth house is in mutual relationship with some other planet, it will inflict the disease pertaining to body parts of the planet with whom it is in mutual relationship.

In addition to Sixth house, Eighth house and twelfth house are also "trik" houses and inflict the disease on individual, but these houses are to be analysed in depth before pronouncing" disease based on these houses or before giving any type of the prediction. Lagnesh (Lord of first house) generally does not inflict any disease on individual, even if it is the lord of eighth house or posited on eighth house.

Retrograde Planets also are not considered good for health and may inflict the disease on individuals.

Planets those are descending (planet which is moving from its exalted state to debilitated state, is said to be descending in next six zodiac signs) also are the cause of disease.

### Proposal under Study (Cardi Vascular Disease i.e. Heart Attack)

Cardio Vascular Disease (Heart disease) is a non-communicable, one of the dreaded and deadliest afflictions in modern day's world. According to WHO, Geneva: 2016, Global Health Estimates 2015, Cardiovascular Diseases (CVD) account for 177 lakhs of deaths yearly and is one of the leading cause of global deaths. In accordance with the World Health Organization, India accounts for one-fifth of these deaths worldwide especially in younger population. Death rate in Cardiovascular Disease in India is 272 per lakh of population, which is much higher than that of the global average of 235.

### Astrological Principles (Astrological view of Heart disease)

In Jyotish place of Heart is depicted by 4th and 5th houses of natal chart (birth horoscope) and planets in Cancer zodiac sign, sub-lords of 3rd, 4th and 5th cusps and signifiers of fourth and fifth houses<sup>11</sup>, combinations and aspects of sun with Jupiter or Saturn. The following principles signify the heart disease:-

<sup>9</sup> Vrihad Parashar Hora Shastra Chapter -1 Sloka 11

<sup>10</sup> Vrihad Parashar Hora Shastra by sage Parashar, Chapter -1 Sloka- 12

<sup>11</sup> KP Sidhant

**Table MM 3**

Planets	Representative Parts of the Body
Sun	Stomach, Bone, Right Eye, Heart, Skin, Bely, Head and constitution of the body
Moon	Head, Lungs, Mind, Blood, Left Eye, Kidney, alimentary canal and water in body
Mars	Blood, Marrow, Energy, Neck, Genitals, red coloring matter in Blood, Rectum, Head, Veins, Female organs and vitality
Mercury	Chest, Nerves, Skin, Navel, Nose, Spinal system, and Gall bladder
Jupiter	Thighs, Fat, Brain, Lungs, Liver, Kidney, Ear, Memory, Tongue and spleen
Venus	Face, Eye-Sight, Genital organs, Semen, Urine, body luster, Throat, water in body and Glands
Saturn	Legs, Bones, Muscles, Limbs, Teeth, Skin and hair
Rahu	Feet and Breathing
Ketu	Belly

**Table MM-4**

Planets	Diseases
Sun	Heart, Stomach, Skin, Bones Fractures, Right Eye and High Fever etc.
Moon	Brain and Head related, Leprosy, Internal Fever, Heart and Lungs, Left Eye, Diarrhea, Bloodlessness, Over-Sleepiness, Inertia, Blood Poisoning, water born disease, Vomiting, Dropsy, Appendicitis, Kidney, Diabetes, Menstrual problems, Breast and mammary glands.
Mars	Poisoning, Cuts and wounds, Leprosy, Heart, Sore-eye, Itches, Blood related, Neck related, Marrow bone, Blood pressure, Female organs, Fracture in bones, Urinary, Boils, Tumors, Piles, Ulcers, Dysentery, Rectum, Loss of Energy, Cancer etc.
Mercury	Nerves system, Chest, Epilepsy, Nose, Navel, High Fever, Itches, Typhoid, Madness, gall bladder, Paralysis, Fits, Ulcers, Indigestion, Cholera, Mouth, skin diseases, Small-pox and Chicken-pox etc.
Jupiter	Liver, Kidney and lung diseases, stomach related, ear, Diabetes, Spleen, Dropsy, Thighs, Loss of Memory and Tongue etc.
Venus	Urinary, Face, Eye, Venereal, Fits, Fading Luster in Body, Sexual, Impotency, Fever, concerning Glands, Indigestion, Throat, Diabetes and Dropsy etc.
Saturn	Rheumatic pains, Blindness, Mental worry, wounds, Ugly hair, Muscle pain, Weakness, stomachaches, Loss of limbs, Teeth, Skin, legs, Fracture of bones, bones, Paralysis, Hysteria and deafness etc.
Rahu	Pain during walk, Lung trouble, Diseases in feet, Leprosy, Hydrocele, Difficulty in breathing, Enlargement of spleen and cataract etc.
Ketu	Unknown diseases, Lungs, Fever, Eye-pain, Boils, Pains in body and Stomache,

**Table MM-5**

Constellation	Body Part	Disease
Ashwini	Head	Head injury, epilepsy, wound, faint, half headache, insomnia, amnesia, paralysis, hallucinations, gout etc.
Bhemi	Forehead	High fever, pain, fainting, eye disorders, nasal catarrh, phlegm, bad habit disorder, weakness
Kritika	Eyebrow	Colic, body inflammation, chicken pox, insomnia, malaria, head fever, tonsil,
Rohini	Eye	Tonsil, cold fever, headache, frenzy (unmad), stigma, delirium, uncontrollable mc in women,
Mrigshira	Nose	Skin Disease, Allergy, goiter, urinary, constipation, blood disorder, breathing tube,
Ardra	Ears	Air disorder, muscle, kalph, throat swelling, hallucination, asthma, ear, breathing disorder
Punarvasu	Cheak	Waist pain, headache, kidney, pneumonia, ear swelling, lungs and breathing disorder
Pusysa	Lips	Fever, sudden pain, pain, TB, Lungs, Stomache/Intestine disorder, Dry cough, Tumer I breast, Cancer, jaundice, blistering in stomache, stone in gallbladder, Dermatitis
Ashlesha (Serpent)	Chin	Breathlessness, constipation, Swelling in kidney, Pain in legs and knee, Lungs, Stomache, pancreatic, liver and food pipe.
Magh (Paitra)	Throat	Air disorder, mouth, stomach, back pain, spinal cord, aorta, heart attack, kidney stone
Purva Phalguni	Shoulder	Ear and Head disorder, body pain, heart, spinal cord, abortion, heart attack, blood pressure, pulse, anemia,
Utteraphalguni	Heart	Body pain, fracture, acid fever (Pitjwar), swelling in throat and neck, wavering mind, blood pressure, fainting, frenzy, holes in intestine, Liver disorder
Hast	Armpits	Stomache pain, indigestion, Air disorder, Intestine swelling/disorder, frenzy, breathing disorder, fissure, vomiting, urinary disorder
Chitra	Chest	accident, birth disorder, worms in stomach, ulcer, severe pain, acidity, kidney stone and pain, diarrhea, urinary disorder, waist pain, brain fever, heat wave
Swati	Stomache	Complex diseases, urinary, appendicitis, skin disorder ,hernia, Diabetes, kidney disorder
Vishakha	Naval	rheumatism, body pain, urinary, anal disorder, reproductive organs, hip bone, throat pain, kalph, nasal catarrh, dropsy,
Anuradha	Waist	High fever, Headache, transmittable disease, uterus, leucorrhea, large intestine, anus, night sickness, piles, pelvis,
Jyeshtha	Thighs	Chest problem, body shaking, perplexity, Intestine, tumor in anus, piles, reproductive organ disorder
Moola	buttocks	Stomache/eye disorder, mouth, thigh, rheumatism, breathing, hallucination, low Blood pressure
Purvashada	Sex organ	gonorrhea, metallurgy, weakness, sexual disorder, lung cancer, knee swelling, lung disorder
Uttarashadha	Testicles	colic, pain related disorder, thigh, germ bone, typhus, lungs and skin disorder, paralysis, gastric, leprosy, gout, heart attack
Shravana	Hindquarters (Pedu)	Diarrhea, cholera, strangury, dysentery, knee and skin disorder, gout, TB, pus, boils, pleurisy,
Dhanishtha (Sharvistha)	Thighs	Stomache, kidney disorder, knee joint (Dhakkan), leg bone, amputation, blood poisonous, heart attack, Dry cough, Nausea (Mitli), high blood pressure
Satbhissha (Varuna)	Knee	typhus, typhoid, leg bone and shin disorder, insomnia, rheumatism, heart colic, gout and skin disorder
Purvbadrapad	Shin	Nervousness, vomiting, pain and metal disease, swelling and pain in ankle, disorder in heart rate, sweating in legs, bent legs, handicapped, enlargement of liver, jaundice, hernia and intestine



Uttara Bhadrapada	Ankle	Fever, Gout, Teeth problems, arthritis, fever, acidity, gastric, numbness of leg, injury in leg, indigestion, dropsy, TB etc
Revati	Leg	Incantation, mental, leg strain, swelling kidney, ear disorder, deafness, pus in ear etc.

- a) The Lagn or First House: - The Lagn or 1<sup>st</sup> house depicts the overall personality of an individual. Though the lord of first house even in eighth house does not inflict any disease on individual, it may have certain repercussions in following cases:
- i) If Mercury is in 1st house (Lagn) and if Sun and Saturn occupy or aspect 6th house, person will suffer from heart diseases,
- ii) If Rahu is in conjunction with moon in 1st or 7th house and if Planet Saturn occupies either of 1, 4, 7 or 10<sup>th</sup> houses, person's heart will be weak.
- b) The Sun: As stated in table MM-3.4 above the Sun is the significator of Heart also, thus when the Sun is afflicted by several malefic influences, heart disease may be presumed in the Presence of other adverse influences.
- c) The Moon: Moon controls Chest parts also, hence: -
- i) If Moon is debilitated or occupies Saturn's house in both Rasi & Navamsa charts, heart will be weak. This person will collapse on hearing bad or shocking news.
- ii) Mars and Saturn in 4th house or in cancer sign and if aspected by Jupiter will give weak nervous system and weak heart.
- d) Zodiac Sign Leo and Fifth House: Zodiac sign Leo (Simha) indicates the upper part of belly and upper abdomen of Kalapurusha. Its affliction is an additional negative influence on the state of health of the heart, and
- i) Saturn occupying Leo is one of the reasons for heart pain and if Sun occupies Aquarius in same chart, then this person has more chances to die from heart attack
- e) Zodiac Sign Cancer and Fourth House: - Zodiac sign Cancer (Kark) indicates Heart (along with the Chest) of the Kalapurusha as explained in table MM-3.1 above. Its affliction is an additional negative influence on the state of health of the heart. When
- i) Fourth house of natal chart indicates the chest of the 'Kalapurush' hence Affliction to the fourth house from Lagn or the Sun indicates chest complications or surgical treatment of heart disease.
- ii) Malefic placed in both 4th and 5th houses of a horoscope or placed in cancer and Leo signs.
- iii) A weak ascendant Lord conjunct with Rahu in 4th house or in cancer sign, will give fear of death through heart attacks.
- f) Lord of Fourth House: - When lord of fourth house is afflicted placed with enemy, debilitated or in mutual aspect with malefic or malefic planet is placed in 4th house, debilitated planets in 4th house or in cancer sign can;
- i) Cause frequent chest pain.
- ii) If 4th lord or sublord is occupying 8th house and 4th lord is combust by being conjunct with sun, person will have weak heart.
- iii) In Navamsa chart, 4th lord (of natal chart) occupies enemy houses or is in conjunction with malefic planets will give frequent mental disturbances and heart pain.
- iv) Rahu or Ketu in 4th house or occupying cancer sign in horoscope will give gas trouble which weakens heart. If Saturn is in conjunction one of them, then it will be uncontrollable.
- v) Saturn and Sun conjunction in 4th or 5th house or aspecting them, will cause low blood pressure and weak

heart. These persons panic easily under crisis and few of them will faint easily.

- vi) 6th lord occupying 4th or 5th house or Cancer or Leo signs in a horoscope will cause frequent pain in chest.
- g) Lord of fifth house: - If lord of fifth house in the natal chart of the individual is afflicted may be an important factor in causing heart disease.
- i) If 5th lord is debilitated or occupying 8th house or is conjunct with 8th lord in either of 6,8,12 houses, heart will be weak.
- ii) If 5th lord is combust by sun, heart will become weak.
- h) Sixth House and Zodiac Sign Virgo: - If sun is 6th lord (for Pisces ascendants) and occupies 4th house, then heart attack chances are more.
- i) Eighth House and Zodiac Sign Scorpio: If sun is in Scorpio and a weak mars is conjunction or aspected by Jupiter, person will spend money on treating his heart diseases for long
- j) Dasha Period: - In the presence of sufficient affliction, the Dashas of planets of Sun, 4<sup>th</sup> & 5<sup>th</sup> house, their lords etc., lead to cardiac illness.
- k) The Antardasha: - Antardasha of a retrograde planet in the 5th house, in the Maha Dasha of a malefic planet is also to be considered while predicting the Heart Disease.
- l) Paapakartari: - the Sun or lord of 5<sup>th</sup> house (fifth house from the Lagna, Sun, from Mahadasha and Anthardasha) being surrounded on either side by malefics relationship with the lord of 6th, the 8th or the 12th houses or by association or aspect of natural malefics or the lords of trik houses may inflict heart disease.

**Gochar:** Gochar or the prevalent movement of planets and position of Nakshtras (constellations) at any given time also affect the prevailing health position of an individual. If the Gochar of the planets or constellations is malefic either in terms of movement or in terms of character of planet, it will impact the health position of the individual based on its character and position.

## Results

To study the Heart Disease in terms of Vedic Astrology indepth study of horoscopic charts were carried out. Over 27 points were studied in respect of each Birth Chart and from Analysis of these charts, it was established that Heart problem in an individual is not just a coincidence, but is a result of series of un-favorable planetary conditions in natal chart, Navamsh as well as in transitory horoscope. These Charts yield the results only during a set combination of planetary positions in Dasha periods of Rogesh, Astmesh, Vyayesh, Weak Lagnesh, Rahu & Ketu and similar other unfavorable conditions.

## Analysis and Findings

For analysis the target population understudy was divided into three categories i) People having cardiac conditions since birth ii) People who had sudden heart attack and underwent Surgery for cardiac arrest & recovered and iii) People who demised after heart attack.

The study found a substantial agreement between the heart problems in target population with the available principle of astrology. A detailed analysis in this regard was carried out



based on Planets, houses, Dasha / Antar Dasha / Pratyantar Dasha etc. On analysis it was revealed that affliction of mere fourth house or Sun in natal chart may not necessary result in heart attack, as derived in earlier studies, rather, almost all the significators of the heart i.e. Sun, Fourth house, lord of fourth house, Leo, Cancer etc. were found inflicted in the natal chart as well as Navamsh of the individual suffering from heart problem or heart attack. As an example analysis of two charts is depicted as under;

**Chart No. 1**

DOB	TOB	POB	Aynamsh
15/10/2000	09:28 AM	Panipat	023.52.03
	Mo	Jup Sat	Ra Mar
Ke	Ven Asc	Mer	Sun

**Analysis of Chart-1**

**Sun:** Sun who is indicator of heart in body of “Kalpurush” is afflicted in various ways as under;

- Sun is posited on zodiac sign of Astmesh Mercury under aspect of Markesh/Retrograde Jupiter,
- Fifth from Sun is occupied by zodiac sign of Retrograde Saturn under aspect Markesh/Retrograde Jupiter,
- Under influence of Chitra Nakshatra of Mars.

**Fourth House and Zodiac Sign Cancer:** Zodiac sign Cancer, which are indicator of chest of “Kalpurush” and has significant role in heart related problems;

- Fourth house is under aspect of Rogesh Mars, Saturn and Rahu,
- Cancer is under aspect of Retrograde Saturn, Rogesh Mars and malefic Rahu,
- Fourth from Cancer is twelfth house and Astmesh Mercury is posited on it under aspect of malefic Rahu,
- Fourth from Sun is marak house and Ketu is posited on it under aspect of Rahu,
- Lord of Fourth house Saturn is posited on marak house in conjunction with Markesh Jupiter and aspect of Vyayesh Venus.

**Fifth House and Zodiac Sign Leo:** Fifth house is natural habitat of zodiac sign Leo, hence affliction of fifth house or zodiac sign Leo is also a significant indicator in heart problem as under;

- Fifth house is occupied by zodiac sign of Markesh Jupiter under aspect of Rogesh Mars and inflicted Sun,
- Rogesh Mars is posited on Leo zodiac sign.

**Lagnesh (Lord of First House):** Lagn and Lagnesh are afflicted s under;

- Lagn is occupied by Scorpio zodiac sign of Rogesh Mars and Vyayesh/Markesh Venus is posited on it under aspect of Saturn, Markesh Jupiter and Rogesh Mars,
- Lagnesh is Rogesh also and is posited on Leo zodiac sign.

**Moon:** Moon the indicator of chest has following unfavorable situations;

- Moon is posited on sixth house under aspect of Astmesh Mercury.

**Navamsh:** Navamsh chart also depicts problem for heart as under;

- Sun is posited in zodiac sign of Astmesh Mercury under aspect of Rahu,

- Fourth house is occupied by the zodiac sign of Markesh Jupiter under aspect of its lord,
- Vyayesh Venus is posited on zodiac sign Cancer,
- Leo is posited on twelfth house under aspect of Retrograde Saturn,
- Moon is posited on Marak house in zodiac sign of Vyayesh Venus under aspect of Astmesh Mercury, Markesh Jupiter,
- Lagnesh Mars is under aspect of malefic Rahu and Retrograde Saturn,

**Dasha Position:** At the time of critical position of heart the child was undergoing the Dasha period of Vyayesh/Markesh Venus, Antardasha of Markesh Jupiter, Pratyantar Dasha of Moon (posited on sixth house), Sukshm Dasha of Retrograde Saturn and Pran Dasha of Astmesh Mercury.

**Gochar (Transitory Horoscope):** At the time of heart attack position of planet as per Gochar was as under;

- At the time of critical position of child Sun was posited on Cancer zodiac sign in conjunction with Astmesh Mercury under aspect of Saturn,
- Moon (in sixth house in natal chart) was posited on Fourth house under aspect of Rogesh Mars, Markesh/Retrograde Jupiter and Retrograde Saturn,
- Leo was under aspect of Moon (in sixth house in natal chart),
- Lagnesh Mars was posited on Lagn under aspect of Retrograde Saturn.

From all indicators above, in the Natal Chart, Navamsh Chart, Dasha periods and Gochar it is quite clear that so many factors were adverse for the heart/health of the child from birth itself with respect to natal chart. Lagn was weak and under influence of Anuradha Nakshtra of Retrograde/malefic Saturn. Lagnesh was under influence of Purva Phalguni Nakshtra of Retrograde/Markesh Jupiter. Vyayesh/Markesh Venus was posited on lagn itself. Lagnesh Mars itself was Rogesh also and was posited on the zodiac sign of Leo with full aspect on fourth house, which proved to be a deadly combination for the child. Hence he had heart problem since birth and was under observation for long time and was waiting for correct time of operation. It suffered a severe heart problem in Maha Dasha of Vyayesh/Markesh Venus itself and Antardasha of Markesh Jupiter. Due to severe affliction of Sun Fourth house and moon altogether in natal chart, Dasha position and Gocher child had a severe affliction and succumbed before reaching the hospital.

**Chart No. 2**

DOB	TOB	POB	Aynamsh
28/07/1951	0:48 AM	Dehradun	023.10.49
Ju		Lagn Mo	Mar
Ra	Ven Mer Ke		Sun Sat

**Analysis of Chart No. 2**

**Sun:** Sun who is indicator of heart in body of “Kalpurush” is afflicted in various ways as under;

- Inflicted Sun (Under influence of Pushya Nakshtra of Saturn is posited on Cancer zodiac sign) under aspect of Astmesh Jupiter,
- Fifth from Sun is marak house under aspect of malefic Saturn and Astmesh Jupiter,
- Under influence of Pushya Nakshtra of Saturn.

**Fourth House and Zodiac Sign Cancer:** Zodiac sign Cancer, which are indicator of chest of “Kalpurush” and has significant role in heart related problems;

- Rogesh Venus alongwith Markesh Mercury and malefic Ketu are posited on fourth house in Leo zodiac sign under aspect of malefic Rahu,
- Inflicted Sun is posited on Cancer zodiac Sign under aspect of Astmesh Jupiter,
- Fourth from Cancer is sixth house under aspect of malefic Rahu,
- Fourth from Sun is sixth house under aspect of malefic Rahu,
- Lord of fourth house sun is posited on Cancer zodiac sign in third house under aspect of Astmesh Jupiter.

**Fifth House and Zodiac Sign Leo:** Fifth house is natural habitat of zodiac sign Leo, hence affliction of fifth house or zodiac sign Leo is also a significant indicator in heart problem as under;

- Fifth house is occupied by zodiac sign of Markesh Mercury and malefic Saturn is posited on it under aspect of Vyayesh Mars and Astmesh Jupiter,
- Leo is posited on fourth house. Rogesh Venus Markesh Sun and malefic Ketu are posited on it under aspect of malefic Rahu,
- Lord of fifth house Sun is inflicted (under influence of Pushya Nakshatra of Saturn) and posited on Cancer zodiac sign under aspect of Astmesh Jupiter.

**Lagnesh (Lord of First House): Lagn and Lagnesh are afflicted s under;**

- Lagn is occupied by weak zodiac sign Taurus and weak moon is posited on it,
- Lagnesh is Rogesh also and is posited on zodiac sign of enemy in conjunction with Markesh Mercury and malefic Ketu under aspect of malefic Rahu.

**Navamsh:** Navamsh chart also depicts problem for heart as under;

- Sun is posited in its debilitated zodiac sign in conjunction with hard enemy/Rogesh/Lagnesh Venus under aspect of Vyayesh Mars,
- Fourth house is under aspect of Astmesh Jupiter,
- Cancer is posited on sixth house under aspect of Vyayesh Mars, malefic Rahu and Astmesh Jupiter,
- Leo is posited on marak house under aspect of malefic Saturn,
- Moon is posited on lagn in conjunction with malefic Saturn,
- Lagnesh Venus is in conjunction with hard enemy and debilitated Sun under aspect of Vyayesh Mars.

**Dasha Position:** At the time of heart attack individual was undergoing Dasha period of malefic Saturn, Antardasha of Astmesh Jupiter, Pratyantar Dasha of malefic Saturn, Sukshma Dasha of Rogesh Venus and Pran Dasha of Sun.

**Gochar (Transitory Horoscope):** At the time of heart attack position of planet as per Gochar was as under;

- At the time of heart attack Sun was in marak house under aspect of Vyayesh Mars,
- Fourth house was under aspect of malefic Rahu, and malefic Saturn,
- Cancer was under aspect of Astmesh Jupiter,

- Leo was under aspect of malefic Saturn and malefic Rahu,
- Moon in twelfth house in conjunction with malefic Rahu,
- Lagnesh was in Lagn in conjunction with Markesh Mercury.

From all indicators above, in the Natal Chart, Navamsh Chart, Dasha periods and Gochar it is quite clear that so many factors were adverse for the heart/health of the individual with respect to natal chart. Lagn/Lagnesh Venus is under severe affliction in natal chart. Since Lagnesh was Rogesh also and was in Lagn at the time of heart attack in conjunction with Markesh Mercury, when Dahsa period of malefic Saturn (posited on fifth house), Antardasha of Astmesh Jupiter, Pratyantar Dasha of malefic Saturn, Sukshma Dasha of Rogesh Venus and Pran Dasha of inflicted Sun started it did not provide any opportunity to individual for recovery and individual was succumbed to death within an hour of attack.

At the concluding phase of the paper, it could be corroborated that astrological principles may be very effective tool in studies, to predict and diagnose the presence of Disease/Heart Disease in living beings. Study found a substantial agreement in astrological principles pertaining to Heart Disease with respect to planetary position in Natal Chart, Navamsh, Dasha /Antardasha and Gochar.

Moreover, with this limited study wider conclusion cannot be derived. It needs a detailed and long time further study with due observations to arrive at the most suitable and accurate conclusion.

In this study an effort was made to analyse all the factors/significators responsible for heart problems, still scholars are encouraged to come up with the improvements in shortcomings of the study and carry forward the legacy of the Vedic Science for betterment of society and living beings.

### Significance and Implications of Findings

A significant number of people believe in astrology despite of numerous controversies surrounding its authenticity. Even then, it continues to interest and impress researchers applying modern scientific methods to evaluate it as a parallel system of thought. Therefore, more responsibility lies with the research scholars to bring out the facts rationally through in-depth studies.

Vedic Astrology, if used with proper sense of understanding, can determine the pathogenesis of disease well before its onset, which in turn will assist deterrent medical diagnosis and treatment.

### Discussion

Ayurvedic form of Medical diagnosis and “Jyotish” had completely influenced the lifestyle of Indians since the ancient times. The imprint of these can be established from Ayurved, ‘Jyotish’ Shastra and remedial medical astrology. Idea behind all these noble works from Indian sages was to maintain a healthy body, sound and developed mind in human beings. Jyotish Shastra indicates the different types of Yogs (Combinations) in natal charts which indicate different type of diseases and inter alia the remedial measures. Jyotish, like any other science is in-depth study of Houses, Zodiac signs and Planets in horoscopic charts to predict the existence or onset of disease.

In this study an attempt has been made to know the planetary conditions responsible for ‘CardioVascular Disease’. In this attempt over 500 peoples (kins of the affected persons) were approached through various modes of communications. Most

of the kins were unknown about the exact date of birth or time of the affected persons. Data of over 100 individuals were collected and tabulated. Out of which 52 Charts with most probable accurate information, were analysed. The study found a reasonable agreement of heart problem with the principle of astrology. However, with this limited study wider conclusion cannot be derived. It needs perpetual study with due observations to arrive at the most suitable and accurate conclusion.

### Summary and Conclusion

In concluding phase of the paper, it could be corroborated that astrological principles may be very effective tool in studies, to predict and diagnose the presence of Heart Disease. Study found a substantial agreement in astrological principles pertaining to Heart Disease with respect to planetary position in Natal Chart, Navamsh, Dasha /Antardasha and Gochar.

Vedic Astrology, if used with proper sense of understanding, can determine the pathogenesis of disease well before its onset, which in turn will assist deterrent medical diagnosis and treatment.

In this study an effort has been made to analyse all the factors/significators responsible for heart problems, On the basis of analysis made few of the conclusions which could be drawn from study are as under;

- a) On analysis of charts pertaining to Heart problem, it was noticed that almost all the significators of heart i.e. Sun, fourth house, lord of fourth house, Cancer, Leo, Lagn, Lagnesh etc., responsible for heart problem, were found under infliction (except in few cases). Infliction of only Sun or Fourth house alone was not noticed in any of the case. It can be corroborated that mere infliction of Sun or fourth house may not result in heart problem,
- b) Where Lagnesh was weak in Rahu Ketu Axis or conjunct Rogesh/Astmesh/Vyayesh or Markesh with various other malefic conditions of significators of heart, the individual was under heart problem since birth,
- c) It was also observed that with sufficient affliction to the significators of heart, where Lagnesh was debilitated/moving to debilitation and in marak house/6<sup>th</sup> house/aspected by Markesh etc. in most of the cases resulted in death of individual after heart attack.
- d) With the inflictions of the significators of heart, where Lagnesh though under malefic conditions but in exalted position and forthcoming Dasha/AntarDasha/PratyantarDasha was of benefic planets, individual responded quickly to treatment.
- e) In almost all the cases, individuals suffering from heart problems during Dasha/AntarDasha/PratyantarDasha etc. of Rogesh/Astmesh/ Vyayesh/Markesh or inflicted planets, were directly related to the factors responsible for the heart i.e. Sun, Fourth house, Lord of fourth house, Leo & Cancer etc. Where the disease was inflicted under Dasha/AntarDasha periods of Rahu/Ketu, the factors responsible for Heart problems were in Rahu-Ketu Axis/aspects.

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