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A study on all aspects of thumb with respect to Palmistry

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Abstract

Thumb as a special aspect in palmistry. Each person's character and predictions can be determined to a large extent by thumb. In south India there are several people who do this kind of reading, and this is commonly known as "Nadi". It is understood that the lines in our palm determine our fate, future, and fortune; but, as a matter of fact, it's our thumb that reveals our whole identity to a palmist. Scientifically speaking, the thumb is closely associated with brain's development, though in palmistry, the thumb has been closely linked with an individual's willpower. The thumb is a petite body part that takes up massive space in the cerebral cortex of our brains. Our minds grow because our thumbs counter our four fingers. It is believed that Thumbs stand for our most precious human resources: strength of will, ability to judge and capability to love. Like the other four fingers, a thumb also has two joints that form three portions identified as phalanges. The top phalanx of the thumb symbolizes determination. The second or midportion symbolizes reasoning ability. If the logic phalanx is shorter than the determination phalanx, the person acts without thinking. If logic is longer, they're good at planning but poor at executing. The third or last part of the thumb symbolizes our aptitude for love and our capability to maintain relationships.

Keywords: Thumb Type, Phalanges, Venus mounts, acute angle, right angle, obtuse angle, short and Long Thumb

1. Introduction

However, the credit of unifying the disparate procedures of palm telling goes to the modern age which has enveloped the procedures of hand reading, unifying them into a common science of chiromancy or chirology. According to ancient Hindu palmistry (Samudrik Shastra) the origin of lines, The examination of palmistry lines is inclusive of the recent medical research which correlates the genetic factors and abnormalities to the figures found in hand. If a person is having flaw in his heart line in that case, he might have some trouble in his heart therefore all positive and negative aspects can be known from the palm of the person.

Palmistry is the sense of foretelling the future as well as the personality, through reading the lines on your palm. This is also known as Chiromancy which is started a hundred years ago by the ancient Indians. Not only have the lines of the palms reveal the truth about your life, but also the mind-set and temperament. Things like shape, fingers, and dimensions of palm also give insight into your personality and character. The breadth, length and color of the palm lines indicate the length and quality of your life. Heart line in your palm reveals the love and emotional aspects and the level of empathy, Headline tell you about intelligence and mentality, Lifeline indicate about health and physical vitality, Fate line indicate about career and fortune, Fate line is considered as a line of brilliant fortune and good luck, Marriage line about married life and relationships Mounts on palm are considered as power centers. Mounts are of two types Intellectual and material mounts. Intellectual mounts these people are not beautiful or handsome, but indicate brain, brilliancy. These mounts are Mercury, Sun, Saturn and Jupiter; whereas Material mount people are beautiful means they attract by words, connect people. These mounts are Mars, Venus and Moon. 3 Every Phalanges of the Finger have specific characteristics, such as First part of finger indicates intellectual, second part is practical part of life, Third part is material part of the life, protecting grid, protecting prejudges and protecting ego. In the same manner inner palm, outer surface of palm, nails, signs on Palm, by so many such things indicate about person's personality, behavior and his past and future. In Palm reading first thing we have to know about some important palm features such as Palm shape,

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Research Scholar, Shree Maharshi College of Vedic Astrology, Shivanahalli Main Road, Yelahanka, Bengaluru, Karnataka, India Lines on Palm, Mounts on Palm, Flat areas on palm, Markings on Palm, Figures and its phalanges. A line is a crease in your palm. The creases going across your palm vertically and horizontally called as lifeline, love line, headline, fate line and the sun line. A mount is a raised area of flesh on Palm mostly seen below figures such as Mercury mount, Sun mounts, Saturn mount, Jupiter mount, Venus's mount and Moon Mount. A plain is a flat area of your hand very center of your palm is the Plain of Mars. All fingers have three parts called as Phalanges except thumb finger which have two Phalanges.

Thumb represents the strength and determination, desires, energy, vitality, stamina, and good health. If the supported by a good mount of Venus it is positive, padded without any confusing lines over it, the person has positive energies, vitality and stamina. It reflects the presence or absence of grace, charm, sensuality, beauty and desire for love and companionship.

2. History of Palmistry

Palmistry or chiromancy, palm reading is practiced all over the world with roots in Indian astrology fortune-telling. The objective of this research is to evaluate a person's character and aspects of their life by studying their thumb. Palmistry is popular since ancient age. There are examples of stone-age showing human interest in palmistry. It is believed that Kings

used thumb prints to seal documents. In our Vedas also there is information available on palm analysis. This field is not yet technically rich. Human palms have some common characteristics in the form of mountains known as planets. The finger's length corresponding to the planet represents the strength of that planet for that person. Every planet has its own predefined qualities and when a person is ruled by the planet, he inherits the qualities of the planet. Apart from planets, person's palm width-length, palm-length ratio and finger-length, type of thumb, angle of the thumb also talks about person's qualities and his nature. So, with the help of palmistry one can know somebody's personality type, his characteristics, hidden skills, fortune and about the profession suits best to him. Till now the palmistry is a practical knowledge and we have no systemized approach to read hands.

3. There are two main practices

For males, the left hand is what you're born with, and the right is what you've accumulated throughout your life. For females, it's the opposite.

Your dominant hand (the hand you use most often) determines your future and your other, non-dominant hand, is used to determine the past or hidden traits Take these into consideration when choosing which hand to read.

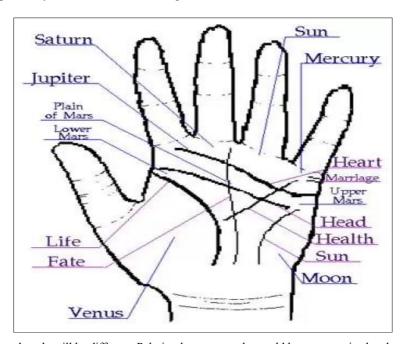
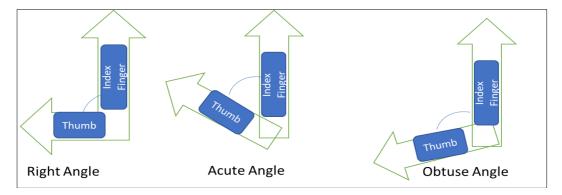


Fig 1: Everyone's thumb type and angle will be different. Palmists have across the world have categorized and generalized the characters based on type and angles of the thumb.

Types of Thumbs

- Long Thumb: A person having a long thumb is intelligent and has good reasoning power. They are self-willed and self-dependent and do not rely on other for survival. They are the intellectuals of the society, and they are often logical and intelligent to move forward in the journey of life.
- Short Thumb: A short thumb is not considered good in palmistry as it denotes a person who lacks reasoning power and intelligence. They are people who have their emotions rule their mind and often believe in their emotions, sometimes completely ignoring their logic and
- reasoning faculty. Because of this, they are often dependent upon other for making decisions in life.
- Non-Flexible Thumb: A person having non-flexible thumb are obstinate and alert. They are wanting in emotions in their lives, and they mostly work on the strength of intelligence, and are usually stubborn in nature.
- **Flexible Thumb:** A flexible thumb shows a person with the great ability to adapt to different life situations. They are normally open minded and have the capability to think outside the box. They are also very good hearted and honest people.

4. Angles of Thumb



Obtuse-Angled Thumb

Based on shape and sizes of thumbs Obtuse-Angled Thumb, belongs to the first category. Such thumbs are well formed, long and thin. These are called gentle thumbs. The obtuse angled thumbs denote the temperance of the people. Persons having such thumbs on their palms are gentle and sweettempered. The persons with obtuse-angled thumbs generally make success in the field of art and become artists and musicians. They also have the inherent tendency to do practical and useful work in society. According to the science of palmistry, the childhood of such persons with obtuse angled thumb has been full of struggles; still, they succeed in making the homely environment favorable with their own efforts. They have a strong will power and whatever achievement comes in their way are the fruit of their own effort. They also rise high even though they must face obstacles and struggles constantly but they succeed in their lives due to their strong will power. But such long thumb with the shape of an obtuse angle has different effect when the thumb is found to be extraordinarily long. Extra-ordinarily long thumb, according to the science of palmistry is considered ill fated. If the length of the thumb exceeds the second phalange of the index finger, then such a person is a fool and cannot succeed in life. If the length of the thumb is ordinary and proportionate, then the person is wise, clever and lover of arts. The person with proportionate thumb is socially responsible. Hence collective interest matters more to them instead of the self-interests. They are far from the thought of appeasement of the narrow selfish needs. Though the number of friends in their lives is less, still irrespective of number, all friends help at the time of need. Since their mind is utterly instable and fickle, they cannot stick to one thing. Such persons go on changing their minds again and again. Though at the end, they achieve success, it is only after overcoming numerous obstacles coming in their way.

5. Right-Angled Thumb

The Right-Angled Thumb belongs to the second category of thumb, according to the science of palmistry. The right-angled thumbs form a right angle with the index finger. These thumbs are elegant, strong and appear like pillars, but such thumbs are not leaning towards the rear. Such thumbs are of importance according to the palmists. This is so because, if a methodical study of these thumbs is made it will reveal that the person believes more in doing work and labor rather than in useless gossip. Though the persons with right-angled thumbs are of very short temperament yet it is seen that they cool down as quickly as they get angry. Moreover, the science of palmistry also depicts that the individual with this type of thumb sit quietly when they are angry and do not harm

anyone. They strictly stick to their words. They do not move from their words if it is given to anyone. Often, they stick to wrong things, which create major problems. Apart from this, the people of right-angled thumb are very revengeful. The feeling of revenge is so strong in them that they do not forget the enmity for several generations. They never even hesitate to take crude revenge from the person or others related with that very individual with whom he (the person with rightangled thumb) had enmity. There is the tendency of extremity in these persons. Hence the persons with right-angled thumb can either be good friends or good enemies. Such persons get broken in their lives, but yielding is beyond them. If the rightangled thumb of such person is thoroughly judged, it will reveal that they can be staunch patriots. They are also prepared to sacrifice their lives for the country or society and are strong-willed. Once they make up their mind to do certain things, they surely do it. They don't like to play a second fiddle. They himself are independent and are guided by their own selves.

6. Acute-Angled Thumb

Based on shape and size of thumb, the palmists have assigned the Acute-Angled Thumb to the final category. Thumbs, which make an acute angle at the joint with the index finger, come under this category. The length of such thumbs is comparatively less, and they are clumsy in structure. The acute angled thumbs are the indicators of the evil quality in the individual and hence they are considered of worth importance in the science of palmistry. The acute angled thumbs often indicate to frustration in an individual. Hence persons with this kind of thumb generally suffer from frustrating feelings in their lives. They are lazy and idle. They do not like traveling. Being thoroughly idle, they are from the idea of change of place. Moreover, they are not in the habit to complete a piece of work thoroughly. People with acute angled thumbs, according to the science of palmistry often belong to the middle and low-class. Such persons often indulge in bad habits and evil deeds. As a result of which they pass their life with extravagances comparing to their earning. Since they lead an extravagant life, they waste money more than necessary. They spend most of their life in dreaming for unobtainable objects. They are less interested in religion or pious actions. They are basically interested in the phantasmagoric things. As a result, they are somewhat inclined towards ghost, spirits, apparitions etc. Also, they take pleasure in deeds of low standards. Persons with acute angled thumbs are licentious and are always attracted towards other women. However, their chief interest is to have illicit relationship with the women of low class. As a result, they often earn defame for several times in their lives. They,

according to the science of palmistry often called the slanderous people. Society does not get any benefit from such persons.

Research Method

- The Data for the research was collected from various levels such as skilled workers/ unskilled workers/ House makers/ Technical staff/ Managerial Level/ Clerical / Student/ Marries/ Unmarried etc.
- The Data was collected from Friend, Colleagues, Relatives and their connections from Bengaluru and Surrounding area, by personal meeting and discussing with by using questionnaire
- For references various Palmistry books in English are used
- Taken guidance from mainly from my guide, as well as from my Institute where, I learnt Palmistry.

Sl. No.	Details about questions
1	Age
2	Gender
3	Right hand Photo/Usable hand
4	Profession
5	Marital Status

The following details were checked on palm and discussed

Sl. No.	Palm Check Description Points
1.	Type of Palm
2.	Type of Thumb
3.	Angle of Thumb
4.	Phalanges
5.	Venus Mount
6.	Inner Mars
7.	Lines on Thumb

7. Palm Reading – (Observations & Remarks)

		Ref: Pic 1
Sl. No.	Title	Description
1.	Gender	Female
2.	Age	32
3.	Profession	Astrologer
4.	Marital Status	Divorced
5.	Palm Photo	
6.	Type of Palm	Earth hands: if you observe the hands are wide with square palm, fingers are thick and ruddy in appearance, the length of the palm is almost equal to the length of the fingers. Characters: The person is seeming very practical and levelheaded; she learns from experience and not through reading or anyone guiding coaching/mentoring. The person is conservative and likes to live outdoors. Person can be afraid of closed places
7.	Type of Thumb	Short Thumb: Person will not make for good partners as they have extremely poor self-esteem. The individual cannot reach a conclusion on her own and is a poor decision maker. She is significantly ruled by sentiments and feelings.
8.	Angle of Thumb	Right Angle: Here thumb is forming a right angle with the index finger. These thumbs are elegant, strong and appear like pillars. Positives: I believe the person believes more in doing work rather than in useless gossip. The person tries to justify to themselves and will try to strictly stick to the words. The feeling inside her is deep rooted, hence she can go to any extent for closed set of people. She would be prepared to sacrifice her life for close set of people, country, or society. Negatives: The feeling of the person is deep rooted and hence can be revengeful if hurt. She can try to even out the enmity given an opportunity.
9.	Phalanges	First Phalange: Since the first Phalange is wide and short the native may have an aggravating nature. There is dip in the first phalange of the thumb, this can lead to lack of will power in the person. Second Phalange: Small second phalange at other end means that the person doesn't think the outcome before doing a task and for this reason she falls into troublesome works most of the time. The second lump of the thumb is pressed inwardly it indicates that the native is very sensitive and grave
10.	Venus Mount	Elevation of Mount of Venus: Mount of Venus is good, and it denotes that the person has a magnetic personality popular among the opposite sex. They have deep feelings and would like to be heard too. The person becomes selfish in love relationships and always seeks physical intimacy. Apex of Mount of Venus: The apex of Mount of Moon is present towards thumb, the subject is very determined to achieve his objective. The presence of this apex towards the mount of Venus depicts that the person will be inclined towards music, art, theatre etc. Mount of Venus: A person can have materialistic happiness and will also be happy with the children.

		Lines on the Mount of Venus: The lines that form on the Mount of Venus is minimal so the person will
		have less worries and stress and will have good sleep.
11.	Inner Mars	Inner Mars Mount is not there in right palm and is slightly present in left palm, I believe the person is
		coming out of a major stress and is opening now.
12.	Lines on Thumb	Extra horizontal lines are observed on the inside of the fingers right thumb these are blocks to energy and a
		sign of a cautious personality.
13.	Conclusion	The Character of the person is such that if hurt will not shy back from taking revenge. I believe this could
		lead to bad relationship; the person needs to spend more time in solitude.

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