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Abstract
Vastu is based on direction and element. Half element zone and direction is partially colored, on the basis of which the whole Vastu depends. If we make even a slight mistake in it, then Vastu problem arises. If we use anti color in any zone, then a defect is created in that Vastu. If we place anti element in anti direction even by mistake, then that also creates Vastu defect. Element-zone - direction are linked to each other. This is all explained in this article.

Keywords: Vastu colour, element colour, element Balencing, grishma, vastu shastra, 16zone, 8 direction, 32 entrance, Selements

Introduction
The study of architecture or also popularly known as Vaastu Shastra is a quintessential part of building houses, offices or any sort of space which is to be used for either living or earning. Be it India or any other Asian country, Vaastu Shastra and Feng Shui are gaining momentum on a fast-pace due to their benefits and life-long guarantee of happiness and prosperity. Although, this kind of study is being used from time immemorial however only a handful of people know how can the shastra help the layman to induce those moments of happiness which can stretch into a lifetime of health and wealth. As simple as it sounds, Vaastu Shastra is not only about the directions and the rooms allotted in those particular directions, but this kind of study extends to much more than just 4 directions namely North, East, South and West. While some people may argue that at the end of the day, the study of Vaastu deals only in the directions, it has been reinstated time and again that this particular study is inclusive of directions, zones, and elements. Further, this article will share the insights of how colours are directly correlated with the zones hence Vaastu is a complex mechanism of inter-related webs of elements, colours, and zones.

Vaastu Shastra is a study of designing the homes, constructing certain spaces while keeping in mind and paying heed to the minutest of details related to the directions and their degrees. When a plot is bought, the first step to get the possession is to create the boundary and that is when the actual space is created by creating the periphery. Once the periphery is established, then the space has already been allocated to certain zones and relative elements.

There is a historical significance of the shastra. As the legend goes, a creature was created by Lord Brahma, who within a short span of time started devouring everything in its reach. Terrified, the other lords asked Lord Brahma to stop the creature from growing as it had already eclipsed the earth, so as a result, Lord Brahma called the lord of the eight cardinal directions, Astha dikapalakas, who helped Lord Brahma in overpowering the monster and held it flat against the earth. To help him, another set of forty-four gods obstructed the monster. The monster, with no fault of his, cried out and asked Lord Brahma that he is the one who created him, then why being punished for no fault of his. Lord Brahma made a compromise that the humans will worship him as Vaastu Purusha, whenever any mortal builds a structure on the earth. The forty-five gods are called the Vaastu Mandala.

The Vaastu Mandala is based on a theory that in a vaastu mandal, a human is throbbing with full vigour and energy. Lord Brahma and other forty-four gods have their own specific places in the development of any structure, be it a house, a factory or an industry or office.
The base of Vaastu is the elements. The way in which a body is made up of five elements namely fire, earth, water, space and air. Likewise, Vaastu has special significance of elements in its disposition. Every element has a friendly and an enemy element. In other words, for every element there is one constructive and one destructive element which ensures that the energies are thus used in the right way for the inhabitants of the space. These elements play a role which is absolutely the essence of all zones. There are 16 zones which are divided into these aforementioned 5 elements. Every element has a shape to confer to, along with a colour or colours.

The elements are detailed below

Fire
The element fire has the colour red as its primary shade and it is conferred triangle in shape. Fire is considered as the driving force behind sustenance. Be it food, money or security everything is related to the element named fire. To get started with passionate fervour is how the fire element induces the inhabitants to gain much more than they desire. Fire is not only associated with passion but also motivation and an inspiration to have a positive outlook towards life. If fire is balanced in a house, the occupants are satisfied mentally, physically, socially, and sexually wherein the family becomes the most prominent part of their lives. If this element is imbalanced, then the occupants face fear, insecurity, lack of ambition and of course creativity. Passing phases become their priority instead of dealing with the problems. Anything made up of rocks, crystals, clay or sand are what earth element rekindles.

Earth
The element itself explains the colour which is blue in shade along with the shape which is of course waves. The continuous flow of water indicates the clarity of mind and initiation of new ideas, projects and actions thus the element water is the epitome of creativity and restoration of the old. Deeper levels of introspection and wisdom are brought out in the lives owing to the water element in its right place. When this element is in its balanced form, the occupants of the space are happy, prosperous and successful. Healthy as they are, they are able to undertake certain projects which further increase their chances of gaining name and fame. On the flip side, if this element is found imbalanced, then the occupants face fear, insecurity, lack of ambition and of course creativity. Passing phases become their priority instead of dealing with the problems. Anything made up of glass, curvy or winding in
shape and anything that brings out water such as fountains, bird baths or taps can be considered directly related to the water element.

Space
While being circular in shape, white is the primary colour of the element space. The element of space is defined boundaries in other words. To recreate, to grow, to initiate-anybody and everybody needs space, metaphorically and literally. Thus it helps the occupants to expand and enhance their luxuries and businesses. If space is found to be balanced, the occupants live life on their own terms. While learning from the past mistakes, if any, the occupants tend to have high mental thinking capacity owing to which they are able to achieve all that they desire and wish for. Contrarily, if the element is found imbalanced, it creates havoc in ways unexplained. Thinking capacity zeroes, forget progression, even stability of health and mind along with other aspects of life start to diminish.

Air
While the shape is rectangular, the element air has its primary shade as green. Air either moves clockwise or anti-clockwise which ensures that nothing remains stagnant. While moving around freely, air also helps to bring fresh perspectives and new beginnings. Being a perfectionist in keeping things tidy, the element named air helps to form the gentle and courteous nature while being cheerful at all times. When the element of air is in the balanced form, then it helps the occupants of the house to explore their inner self and find their path to become empowered. In case, when this element is in the imbalanced state, anger issues crop up along with stagnancy in both personal and professional lives. Dissatisfaction is all aspects of life can also be generated due to the off balance of air element. Metal balls or wind chimes are directly related with air element.

As already mentioned, there is one cycle of creation and then there is one cycle of destruction. Every entity has a partner to create and a partner to destroy too. Likewise, when the elements are unable to complement each other’s energy or help the other elements prosper, then the energies turn out to be destructive. The anti-energies clash and bash each other thus create disharmony and imbalance.

Water is a friendly element for air and space. These both help to create water. However, earth destroys water and water destroys fire in turn. Air creates fire and fire creates earth. Water destroys fire and fire destroys space. To simplify it further, water is an anti-element for fire and earth and vice versa. Air is an anti-element for space and vice versa so is earth. Fire and space are also anti-elements. Whereas, space creates water, water creates air. Air, further, creates fire which creates earth. Earth creates space and the cycle of creation goes on. However, when anti-elements meet midway, they create a mess, a chaos which can lead to one thing and then the next thing eventually leading to destruction in the lives of the inhabitants.

Once the role of the elements is understood, moving onto directions and comprehending their role in the occupants’ lives becomes much easy. Elements have their own set of directions. There are four cardinal directions, eight ordinal directions and sixteen zones along with thirty-two entrances. While the entrances are simply for the references, sixteen zones play the most essential part in the world of Vaastu. In the coming paragraphs, the details of the 16 zones are given:

1. North (N) - Water element
   Also known as the zone of opportunity, North is dominated by water element. Placing a fountain or setting up an aquarium can help smoothen the flow of monetary matters and opportunities in the lives of the inhabitants. A speculative corner can be set up here to induce the best of ideas for generating money.

2. North-North-East (NNE) - Water element
   Also called the zone of health for reasons such as clarity of mind and increased immunity in the lives of the occupants, North-North-East is the zone which ensures that if this zone is kept neat and clean, it can become a miracle corner for the chronic patients.

3. North-East (NE) - Water element
   North-East is also generally considered as the zone of clarity, wisdom, meditation and inspiration owing to the fact that one can gain the art of foresightedness simply by sitting here. A meditation room befits this zone due to its insightful energies provided that this zone is clutter free, well-lit and spacious.

4. East-North-East (ENE) - Air element
   Zone of fun and recreation, East-North-East is the zone which obliterates negativity and induces positivity multi-fold. Setting this space as a family lounge can ensure best memories or a play area for children can help to boost their levels of contentment.

5. East (E) - Air element
   Zone of social connections, East holds the significance due to the rising Sun. The rising Sun has the quality of making the occupants have the social standing in a way which is satisfactory for them and dreamy for others. Constructing a drawing room in the zone can help make connections stronger and long-lasting. Further if greenery or plants are kept in this zone, they can help to regulate the maters unseen to a naked eye.

6. East-South-East (ESE) - Air element
   Zone of churning, East-South-East makes the mind go on while contemplating about past, present and future. Whether one is close or an acquaintance or even if a stranger, this zone keeps the mind on its toes as over-analysing is the forte. Washing machine, dish washer or grinder can be kept and used here.

7. South-East (SE) - Fire element
   Zone of cash flow, wealth and prosperity, the zone South-East deals in monetary matters only further providing security to the inhabitants of the house. Even the personality and charm of the occupants depends on this zone. What one needs to make sure to bring the positivity is, keep this zone clutter free, clean atmosphere along with plenty of fresh air and light.

8. South-South-East (SSE) - Fire element
   Zone of confidence, strength both physical and mental, and this zone helps to energise the occupants in a way which can enhance their lives. By placing candles and flowers, one can amplify the energies of this zone.
9. **South (S) - Fire element**
   Zone of fame, this zone ensures that the body is at peace. Generally, this zone is also known as zone of peace because it is considered best if the inhabitants sleep here. It can also be used for meditational practices.

10. **South-South-West (SSE) - Earth element**
    Zone of expenditure, South-South-West is a zone meant to construct a toilet or a storage room due to the energies emanating from it. This zone ensures regular disposal of waste.

11. **South-West (SW) - Earth element**
    Zone of relationships, also known as zone of skills, this zone is meant for Pitra worship, hence this area must be kept clutter free. Although this area can be used as a bedroom or a living room however if any sort of disposal activity is taking place here, it may lead to problems in child-birth.

12. **West-South-West (WSW) - Space element**
    Zone of education and knowledge is the one wherein the students can learn with efficacy. Books, journals, spiritual objects must be kept here to bring as much knowledge as one can.

13. **West (W) - Space element**
    Zone of gains and achievements. West is the zone wherein achievements related to business, housework and education can be earned without much effort.

14. **West-North-West (WNW) - Space element**
    Zone of depression, crying and to ensure that the lives of the occupants stay away from them in every possible way, this zone must be taken care of in ways such as keeping light weight plants and growth of aromatic plants also help a lot.

15. **North-West (NW) - Space element**
    Zone of support be it financial, moral or emotional, this zone helps in getting support from all over without much effort. Placement of smiley faces or paintings can help fasten the process.

16. **North-North-West (NNW) - Water element**
    Zone of attraction, this is the perfect zone for newly wedded couples as the energies here would help to amplify the attraction and love. If certificates or awards are kept herein then even in the career, the energies can help a lot.

The space outside a building refers to the conscious mind and the space inside represents the sub-conscious, implies that a house is nothing more than a reflection of the minds of the occupants. If a house is cluttered, it is but obvious, that the mind of the occupant is also on the same page. Likewise, if a place is well-stacked, in a harmony with the environment, the mind of the occupants will be as organized as the room. It is taken extremely lightly as there are people who suggest that house and mind are not to be put on the same page. These are two different entities. Yet after observing more than a century of commercial and residential sites, it can be recapitulated that the house is nothing more than the doings of the sub-conscious mind. And in turn, the sub-conscious mind gets signals from the house as well. Thus every corner, every wall and every direction along with zone of the house should be kept in the right way, matching their energies with colours and objects, whatsoever.

The structure of the house and its insides are secondary. The primary portion to be taken into consideration is the entrance of a house. There are 4 directions, further divided into 4 divisions. Every direction has an angular division of 11.25 degrees each with which an astounding number of 32 divisions are formed. Every direction has 8 entrances, out of which some are beneficial, others are not. For every business and residential property, the entrances can be made just once, although the changes can be made inside the house however way. Once an entrance is finalised, hardly a chance stands of changing it.
Every entrance has either a virtue or a vice. The entrances are detailed below:

**East**

**E1:** Leads to fire, unexpected losses and accidents.

**E2:** Inducing wasteful expenditure, however a happy corner for those who expect birth of girls in their house as this zone gives way to the higher probability of giving birth to baby girls.

**E3:** Bringing in money, profits, flow of cash and overall success in work and life.

**E4:** Aides in the support of the government and the government officials and authoritative figures. These directions were the ones with positive effects but now forth the next five directions most probably impact negatively.

**E5:** Bordering insanity and other mental problems, this entrance gives way to short-temper and hot headed behaviour of the occupants.

**E6:** Unreliability at its highest, this entrance does not let the occupants keep their word.

**E7:** The occupants become insensitive towards others and might also create nuisance all around.

**E8:** Financial losses, burglary and other finance related problems are quite common, due to this entrance.

**South**
S1: Children, especially the boys are prone to discords with the family. Apart from this factor, the children, in general, also create problems for themselves and their parents.

S2: Helping others gain momentum and getting successful is the benefit of this entrance. The people working in the PR are best benefitted from it.

S3: While spreading and gaining prosperity, the occupants of a house with this entrance become smarter than ever and get their work done easily.

S4: Although an entrance meant for industrial work, this also works magical when it comes to the families who want to give birth to more sons than daughters.

S5: Even after engaging in fruitful conversations, the results are nothing but a zero for the occupants of this house. Seldom debt-free, the occupants are always tensed about paying off their loans.

S6: Absolute poverty with nothing left to devour.

S7: The more the efforts, the more the disheartened attitude and wastage of resources. The occupants remain unhappy and in despair throughout their lives if they choose this entrance.

S8: Everything, from emotional health to profitable relationships- everything turns into dust. The occupants stay deflected and away from the world and the ways of the world.

West

W1: Life span along with the finances and cash flow keep on decreasing day by day.

W2: Instability in life, be it emotional, sexual, mental or physical, the occupants feel paranoid at all times. Their paranoia converts them into hypochondriacs.

W3: Absolute growth, prosperity and love is reflected amongst the occupants and the rest of the world.

W4: A neutral zone with neither prosperity nor losses in sight.

W5: Perfectionism leading to delusional gains and making castles in the air becomes the life of the occupants. Also, imagining unrealistic gains becomes the second nature of the occupants.

W6: The occupants of the house are prone to depression, anxiety, mental disorders and what not.

W7: Addiction to the harmful things is quite common. Moreover, the general happiness in the house is lost and never to be found again with this entrance.

W8: The nature of the occupants becomes to pollute their character. Unfair means and illegal matters are emulated by them instead.

North

N1: Paranoia at its best is the gift of this entrance. The occupants start to get apprehensive of everyone around them.

N2: An insecurity, a fear of enemies always engulfs the occupants of the house along with a nagging feeling that others are jealous of them.

N3: This entrance is an elixir for those who want to give birth to boys and want infinite money.

N4: Infinite money whether earned, won or the occupants get it in inheritance but money is abundant.

N5: Religiousness at its best with no thoughts of harm towards others or self.

N6: The occupants living in a house with this entrance cannot make a connection with anyone who listens to them. In fact, people stay away from the occupants due to their nature as they become obstinate and rude.
N7: The family of the occupants face challenges for the girls in the house, remain unlawful, resort to unfair means and can also dishonour the family.

N8: A higher bank balance is promised for the occupants. Colours, according to the zone and sometimes as per the usage of the room are assumed as correct however the colours must be chosen as per the elements without fail. If one has constructed a bedroom in the required zone yet paints it in blood red colour to bring romance and sensuality, it does not guarantee that the inhabitants will be happy but something bad would definitely take place instead. Therefore, every colour is not meant for every zone. In the upcoming paragraphs, the best suited colours for a set of zones will be explained:

Blue

Zones namely North, North-North-East, North-East, East-North-East, East, East-South-East, West-South-West, West, West-North-West, North-West and North-North-West are the ones in which blue colour can create wonderful effects and bring health, wealth and prosperity to the lives of the inhabitants. However, zones from South-East, South-South-East, South, South-South-West and South-West are the ones in which blue colour is considered as denigrating due to many reasons such as less immunity, increased level of stress and nothing cheery as ever.

Green

Zones from North, North-North-East, North-East, East-North-East, East, East-South-East, South-East, South-South-East, South, North-North-West are the ones in which green colour can generate ample benefits in ways unimagined. In some zones it helps in wealth generation and in others in health regeneration. Although the elements are always in motion, the zones namely South-South-West, South-West, West-South-West, West, West-North-West, North-West are considered as somewhat anti in relation to the colour green. The colour green is detrimental in relation to these zones.

Red
Red colour is considered unfavourable in the zones such as North, North-North-East, North-East, West-South-West, West, West-North-West, North-West, North-North-West, due to anti-element as this colour does not complement the elements in these zones.

Yellow

Yellow colour is extremely harmful in zones such as North, North-North-East, North-East, East-North-East, East, East-South-East, and North-North-West. Nevertheless, South-East, South-South-East, South, South-South-West, West-South-West, West, West-North-West, North-West are the zones in which yellow can create massive positive returns.

White

White is a colour of peace, yet the zones East-North-East, East, East-South-East, South-East, South-South-East, South, South-South-West are not benefitted due to the anti-elements. But white proves to be favourable in North, North-North-East, North-East, South-West, West-South-West, West, West-North-West, North-West, North-North-West zones.

Cream

Cream is the only colour which is beneficial in all the zones. The details of each and every colour are mentioned in my thesis named Balancing elements through colours. To further substantiate the aforementioned facts, a residential case study has been delved into deeper details so that the facts are established without any doubts.
Area of problem
1. Issues in the relationships between the family members and colleagues.
2. Disrupted cash flow
3. Chronic health issues

Zones
Entrance: W8

Living Room with Dining Area: West-North-West, North-West, North-North-West, North, North-North-East, North-East

Kitchen: South-South-West, South-West, West-South-West, West, West-North-West, North-West

Bathroom (1): East-North-East, East, East-South-East, South-East

Bathroom (2): East-South-East, South-East, South-South-East

Toilet (1): South, South-South-West
Toilet (2): West-South-West, West

Observation
The bed lies in the East-South-East. The zone of churning as it is, the ladies of the house are in the loop of pettiest of issues which keeps them on their toes and the aggression is always on the tip of their noses. With an exaggerated sense of paranoia and leadership, they are always concerned about their children, overly-concerned. While they tend to be possessive about them, they fall a prey to their overtly leadership qualities which have transformed them into autocrats recently while messing with each other simultaneously.

It has also been observed that a black window pane has been installed in the South of their bedrooms which plays the role of the water element while the zone is of fire element. The clashing of zones is being created deliberately. This cauldron of anti-energies is a sure shot formula to lose all the savings, health and cash flow as well.

The aforementioned observations are the reasons behind the problems being faced by the inhabitants in terms of cash and family feuds.

After further observation, it was found that the gas stove, the whole kitchen is placed in the zone which is South-South-West. A zone which ensures the process of flushing out everything which lies therein, the food being cooked in the kitchen is thus rendering contradictory results. The water and earth elements are clashing herein.

While the North-North-East has been painted yellow, the earth element is being challenged by the water element owing to which the diseases are taking the form of permanence in this house.

While this is just one case study of how zones and anti-elements in the form of space placement or colours can put an adverse impact on the inhabitants of the house, my thesis has entailed a study of more than 35 residential case studies and 15 commercial case studies. To further delve into this mystical world of colours and elements, take a long satisfactory read of my thesis Balancing Elements through Colours.
References