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Pravinkumar G Nikam

Research Scholar, Shree
Maharshi College of Vedic
Astrology, Udaipur, Rajasthan,
India

Dr. Rashmi Monga

Professor and Head of the
Department, Vedic Astrology,
Shree Maharshi College of Vedic
Astrology, Udaipur, Rajasthan,
India

Corresponding Author:

Pravinkumar G Nikam

Research Scholar, Shree
Maharshi College of Vedic
Astrology, Udaipur, Rajasthan,
India

A study on cause of heart disease in vedic astrology

Pravinkumar G Nikam and Rashmi Monga

Abstract

Astrological research on heart disease, while not a replacement for modern medicine, can offer a complementary perspective by examining potential planetary influences and individual predispositions. This research could potentially aid in risk assessment, diagnosis and even treatment planning by considering astrological factors.

In medical astrology study of any disease starts with checking affliction of ascendent and ascendent lord as it favours any disease to develop. Study of heart disease is based on studying affliction of important planets such as Sun being main significator of heart, Moon as secondary significator of heart, Role of malefic planets like Mars, Saturn, Rahu and Ketu. Important houses such as fourth and fifth houses and their lords connection with evil houses and their lords [6/8/12 houses and their lords]. Apart from this some constellations also play important role. For study of event of heart attack, transit along with dasha periods are crucial.

A study of heart disease in 100 natives applying 14 rules is carried out, aggregate percentage of application of all the 14 rules is about 89%, while percentage of application of individual rule in all the 100 natives ranged from 70 to 100%.

Keywords: Medical astrology, heart disease, malefic planets, fourth and fifth house, Sun

Introduction

Now a days heart disease is very common in all age groups due to tremendous competition resulting in stress, lack of proper nutritious diet, lack of exercise, wrong life styles etc. According to latest world statistics 1.73 crores people are dying only due to heart disease. Out of total fatal diseases, 30% of people are dying only due to heart disease.

As far as India is concerned, heart disease is spreading with high speed. Annually 2.4 billion people die only due to heart disease. Every year about 1.3 million newly born children have heart problems.

Before studying and analysing heart disease from point of view of astrology, it is essential to study KAALPURSHA BODY, its parts and its correlation to 12 zodiac signs and 12 houses because, As is the body, as is the universe [यथा पिंडी तथा ब्रह्मांडी]

Before understanding astrology of heart disease, it is essential to know structure and function of heart.

Heart is the vital organ in human body. It consists of upper part i.e. auricle and lower part i.e. ventricle. Auricle is divided into left auricle and right auricle while ventricle is divided into left ventricle and right ventricle. Impure blood is collected by main vein from whole body and is supplied to auricle and ventricle where it is pureed and supplied by main artery to whole body. Impure and pure blood is not mixed in heart due to presence of respective valves. Heart acts as a pump and has its own nervous system in the form of pacemaker where hearts beats are regulated. Blood is supplied/transported with specific pressure which is called as blood pressure. Normal healthy person has heartbeat of 72/minute and blood pressure of 120/80 mmhg. When there is any abnormal change in heart beat and blood pressure, it is signal of danger. Heart supplies pure blood to whole body consistently without rest but it itself requires 1/20 times blood of total supply to work properly. This blood supply is done by coronary artery.

Sun is called as king in planetary kingdom. Existence and proper essential operations of nature is not possible in absence of sun likewise human body and its proper functioning is not possible without heart, therefore Sun is main significator of heart. Human heart is well protected in chest region and this area is governed under fourth part of body and therefore also

Sr.no.	Zodiac Sign	Kaalpurush Part/Function
1	Aries	Head
2	Taurus	Face
3	Gemini	Neck
4	Cancer	Chest
5	Leo	Upper Stomach
6	Virgo	Lower Stomach
7	Libra	Urinary System
8	Scorpio	Private Parts
9	Sagittarius	Thighs
10	Capricorn	Knees
11	Aquarius	Calf
12	Pisces	Feet
Fire Element	Aries, Leo, Sagittarius	Consciousness
Earth Element	Taurus, Virgo, Capricorn	Bones and Flesh
Air Element	Gemini, Libra, Aquarius	Breathing
Water Element	Cancer, Scorpio, Pisces	Blood

Sr.no.	Houses	Kaalpurush Part
1	First House	Head, Brain, Mind
2	Second House	Face, Eyes, Nose, Tongue, Teeth, Ears, Nails, Bones, Flesh, Fingers
3	Third House	Neck, Throat, Shoulder Bones, Hands, Breathing, Ears, Body Growth
4	Fourth House	Chest, Heart, Lungs, Blood
5	Fifth House	Upper Stomach, Mind
6	Sixth House	Lower Stomach, Navel, Bones, Flesh, Mental Diversity
7	Seventh House	Urinary System, Semen, Female Genitals, Breathing
8	Eighth House	Private Parts, Urine, Blood
9	Ninth House	Arms, Thighs
10	Tenth House	Knees, Bones, Flesh
11	Eleventh House	Calf, Breathing
12	Twelfth House	Feet, Blood

Constellations/Stars and Various Body Parts

Sr. No	Constellation	Body Part
1	Ashwini	Upper Part of Leg
2	Bharni	Lower Part of Leg
3	Kruttika	Head
4	Rohini	Fore Head
5	Mrug	Eye Brows
6	Aadra	Eyes
7	Punarvasu	Nose
8	Pushya	Face
9	Ashlesha	Ears
10	Magha	Chin
11	Purwa Phalguni	Right Hand
12	Uttara Phalguni	Left Hand
13	Hast	Fingers
14	Chitra	Neck
15	Swati	Chest
16	Vishakha	Lungs
17	Anuradha	Stomach, Heart
18	Jyeshtha	Right part of Stomach
19	Mul	Left part of Stomach
20	Purvashadha	Back, Spine
21	Uttarashadha	Waist
22	Shravan	Frontal Private Part
23	Dhanishtha	Genital Organs
24	Shatataraka	Right Thigh
25	Purwa bhadrapada	Left Thigh
26	Uttara bhadrapada	Ankle
27	Rewati	Feet

governed by fourth house and fourth zodiac sign i.e. cancer. Generally, affliction of Sun, fourth house and cancer sign indicate heart disease.

Sun regulates normal functioning of heart therefore strong Sun in horoscope indicates overall good health as well as

good functioning of heart, but affliction of Sun by malefic planets conjunction, aspect or position in wrong place indicate heart problems.

Whenever Sun is posited in fourth and either cojoined with Mars or aspected by Mars leads to increase in heart beats

beyond normal while such type of conjunction or aspect by Saturn leads to decrease in heart beats and resulting in defects in coronary artery and ventricles.

Whenever Rahu/Ketu cojoins with Sun or making malefic yoga with Sun there is defect in normal work capacity of heart.

Now a days heart attack is well known word but actually what happens before, during and after heart attack should be known. During heart attack, suddenly there is loss of blood supply to heart muscle resulting in weakening of heart muscle and after some time heart totally stops to work, at this time there is abnormal sweating, unbearable chest pain, absence of pulse are symptoms experienced by patient. Main reason for stoppage of blood supply to heart is hardening of inner wall of coronary artery [which supplies blood to heart] resulting in narrowing of artery leading to insufficient or lack of supply of blood to heart or blockages in artery.

Following are the reasons for narrowing of coronary artery

- Abnormal fat intake through diet resulting in hike in cholesterol in blood.
- Abnormal stress and hypertension
- High body weight above normal range
- Diabetes
- Tobacco/cigarette addiction.
- Heridity
- Lack of general movement and exercise
- Consistant mental pressure

Methodology: Most important factor before starting any research project particularly in medical astrology is authentic source of birth data of about 100 natives because if data is not authentic one can not get realistic results from research. To avoid this birth data of 100 natives suffered from heart disease is collected from authentic source. 100 cases have been selected for research project.

Methodology employed to study individual natives chart from point of view of heart disease is simple and in logical sequence from which one can easily understand correlation between planetary combination and heart problems. Each birth chart is checked by applying 14 rules as follows.

- 1. Affliction of ascendent/ascendent lord**-ascendent /ascendent lord is of prime important as far as general health of native is concerned. Affliction of it indicates favourable condition for any type of diseased condition in future.
- 2. Affliction of Sun**-from ancient times to modern days sun is considered as main and important significator of heart therefore affliction of sun directly indicates problem in heart.

- 3. Affliction of Moon**-moon is significator of fluid form of blood and secondary significator of heart. Moon is also significator of mind. any native with weak/afflicted Moon has chances of heart problem.
- 4. Affliction of fourth house/fourth lord**-fourth house denotes chest region and upper part of heart, any affliction of fourth house/fourth lord indicates problem in heart.
- 5. Affliction of fifth house/fifth lord**-fifth house/fifth lord is considered as lower part of heart, any affliction of fifth house/lord indicates problem in heart.
- 6. Affliction of sixth house/sixth lord**-sixth house/sixth lord is directly connected to any disease therefore affliction of sixth house/lord is checked to know diseased condition.
- 7. Affliction of sixth house/sixth lord from moon**-moon kundli is important in medical astrology because weak moon is favourable for any disease to develop therefore sixth house/lord from Moon is also checked.
- 8. Affliction of sixth house/sixth lord from Sun**-Sun is main significator of heart therefore sixth house/lord from sun is checked.
- 9. Affliction of sixth to sixth house/lord**-according to bhavat bhavam rule, fructification of disease is indicated by sixth to sixth house/lord therefore sixth to sixth house/lord is checked.
- 10. Affliction of Leo/Aquarius sign**-in kaalpurusha kundli leo sign is considered as main site of heart and Aquarius sign [exact opposite to Leo sign] is considered as site of blood circulation., therefore these 2 signs are checked.
- 11. Connection of fourth house/lord, fifth house/lord to sixth house/lord** -sixth house/lord is general site of disease but its connection to particular house/lord indicates particular disease. Heart is signified by fourth house/lord and fifth house/lord therefore connection of these houses/lord with sixth house/lord is checked.
- 12. Connection of sixth house/sixth lord to eighth house/eighth lord**-sixth house /sixth lord is concerned with disease but its connection with eighth house/eighth lord indicates complications/severity of disease.
- 13. Connection of fourth house/lord, fifth house/lord to eighth house/lord**-severity/complications of heart disease is judged by knowing connection of fourth house/lord, fifth house/lord with eighth house/lord.
- 14. Whether dasha period is favourable for event to take place**-dasha period particularly Vimshottari dasha up to Pratyantar dasha level is checked if it supports the event to take place.

Results and Discussion

Sr no.	Description of Rule	% of Application
1.	Affliction of Ascendent/Ascendent Lord	95
2.	Affliction of Sun	92
3.	Affliction of Moon	83
4.	Affliction of Fourth House/Fourth Lord	95
5.	Affliction of Fifth House/Fifth Lord	98
6.	Affliction of Sixth House/Sixth Lord	94
7.	Affliction of Sixth House/Sixth Lord from Moon	91
8.	Affliction of Sixth House/Sixth Lord From Sun	88
9.	Affliction of Sixth to Sixth House/Sixth Lord	92
10.	Affliction of Leo/Aquarius Sign	70
11.	Connection of Fourth House/Lord, Fifth House/Lord with Sixth House/Sixth Lord	93
12.	Connection of Sixth House/Sixth Lord with Eighth House/Eighth Lord	77
13.	Connection of Fourth House/Lord, Fifth House/Lord with Eighth House/Lord	84
14.	Favourable Dasha Period For Event	100

Aggregate% of Application of Total 14 Rules In 100 Native Is 89%

Findings and Conclusion

Each birth chart is checked by applying 14 rules as follows: Affliction of ascendant/ascendent lord-ascendent /ascendent lord is of prime important as far as general health of native is concerned. Affliction of it indicates favourable condition for any type of diseased condition in future.

Above rule is applicable in 95% of the total natives

Affliction of Sun-from ancient times to modern days Sun is considered as main and important significator of heart therefore affliction of sun directly indicates problem in heart.

Above rule is applicable in 92% of the total natives

Affliction of Moon-Moon is significator of fluid form of blood and secondary significator of heart. Moon is also significator of mind. Any native with weak/afflicted moon has chances of heart problem.

Above rule is applicable in 83% of the total natives

Affliction of fourth house/fourth lord-fourth house denotes chest region and upper part of heart. Any affliction of fourth house/fourth lord indicates problem in heart.

Above rule is applicable in 95% of the total natives

Affliction of fifth house/fifth lord-fifth house/fifth lord is considered as lower part of heart. Any affliction of fifth house/lord indicates problem in heart.

Above rule is applicable in 98% of the total natives

Affliction of sixth house/sixth lord-sixth house/sixth lord is directly connected to any disease therefore affliction of sixth house/lord is checked to know diseased condition.

Above rule is applicable in 94% of the total natives.

Affliction of sixth house/sixth lord from Moon-Moon kundli is important in medical astrology because weak moon is favourable for any disease to develop therefore sixth house/lord from moon is also checked.

Above rule is applicable in 91% of the total natives

Affliction of sixth house/sixth lord from sun-sun is main significator of heart therefore sixth house/lord from sun is checked.

Above rule is applicable in 88% of the total natives

Affliction of sixth to sixth house/lord-according to bhavat bhavam rule, fructification of disease is indicated by sixth to sixth house/lord therefore sixth to sixth house/lord is checked.

Above rule is applicable in 92% of the total natives

Affliction of Leo/Aquarius sign-in kaalpurusha kundli Leo sign is considered as main site of heart and Aquarius sign [exact opposite to Leo sign] is considered as site of blood circulation. Therefore these 2 signs are to be checked.

Above rule is applicable in 70% of the total natives

Connection of fourth house/lord, fifth house/lord to sixth house/lord -sixth house/lord is general site of disease but its connection to particular house/lord indicates particular disease. Heart is signified by fourth house/lord and fifth house/lord therefore connection of these houses/lord with sixth house/lord is checked.

Above rule is applicable in 93% of the total natives

Connection of sixth house/sixth lord to eighth house/eighth lord-sixth house /sixth lord is concerned with disease but its connection with eighth house/eighth lord indicates complications/severity of disease.

Above rule is applicable in 77% of the total natives.

Connection of fourth house/lord, fifth house/lord to eighth house/lord-severity/complications of heart disease is judged by knowing connection of fourth house/lord, fifth house/lord with eighth house/lord.

Above rule is applicable in 84% of the total natives.

Whether dasha period is favourable for event to take place-dasha period particularly Vimshottari dasha up to Pratyantar dasha level is checked if it supports the event to take place.

Above rule is applicable in 100% of the total natives.

Correlation of Transit of Planets with Event of Heart Attack
In vedic astrology, there's a correlation between the transit of malefic planets and the potential for heart-related events, including heart attacks. The sun, representing the heart, and mars, representing blood circulation, are key indicators. If these planets are negatively influenced or associated with evil planets, it can be interpreted as potentially leading to heart problems.

Elaboration

The sun: The sun is considered the significator for the heart in indian astrology. When the sun is negatively affected by malefic influences, it's seen as a possible indicator of heart disease.

Mars: Mars is associated with blood circulation and can be linked to the arteries and veins of the heart. If mars is negatively affected, it can be interpreted as potentially leading to blood clots or heart attack.

Other planets

Saturn is often associated with veins and can also play a role in heart health. The moon, influencing emotions and water balance, can also contribute to heart-related issues.

Rahu and Ketu are responsible for sudden events of heart attack and other heart complications.

Transit periods

The movement (transit) of planets through different signs and houses can also be interpreted to see if they are likely to trigger a heart-related event.

It is observed that connection by position/conjunction/aspect of fourth-fifth houses or their lords with malefic planets or lords of 6/8/12 houses in transit definitely trigger event of heart attack in favourable dasha period.

Astrological research on heart disease while not a replacement of modern medicine but can be complementary perspective to check natal chart for promise of heart disease, to study unfavourable transit and dasha periods which can pin point future events like heart attack/problems. By applying such methods Astrologer can counsel client well in advance to take proper nutritional diet, to employ proper life style, to do regular exercise, to go for regular medical checkup,thereby minimizing risk of heart attack and other complications.

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